



ST PAUL'S CATHEDRAL  
E P I S C O P A L

The Holy Eucharist:  
Rite Two  
The Third Sunday after Pentecost:  
Proper 6

Gun Violence Awareness Month  
June 14, 2026  
8:00 a.m.

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Whoever you are, and wherever you find yourself on the journey of faith,  
we welcome you and invite your full participation in today's worship.

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*As a courtesy to others, please silence electronic devices.*

*For the link to the webpage with the announcements and bulletins, use this QR code:*

*Services are regularly streamed and recorded and you can find them:*

<https://www.youtube.com/StPaulsCathedralEpiscopalSanDiego/live>

*If you're interested in more information about the cathedral's ministries,  
we would like to hear from you: <http://stpaulcathedral.org/im-new/>*

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St. Paul's Cathedral acknowledges that we gather on unceded Kumeyaay land. We value the knowledge, culture, and worldview of Indigenous people. We commit to the vital work of educating ourselves, increasing community awareness, and promoting reconciliation with our Indigenous neighbors. As we examine actions and practices that perpetuate harm against Indigenous communities, we pledge to work toward a meaningful and respectful relationship as we follow their example in honoring this sacred land.

*- Approved by the Cathedral Chapter, May 2023*

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*Kneelers are available in the back of the church: please bring one to your seat if you wish to kneel during the service.*

*Parents with young children are invited to worship with their children in the Prayground area of the Nave, where age-appropriate activities are available.*

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§ *Please stand as you are able at the tolling of the bell.*

## **The Word of God**

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The Book of Common Prayer (BCP) page 355

*The Opening Acclamation and Collect for Purity:*

§ *The Presider says*

Blessed be God: Father, Son, and Holy Spirit.

*People* **And blessed be God's kingdom, now and for ever. Amen.**

*Presider*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

*People* **Amen.**

*The Presider and people say together*

**Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

## The Collect of the Day

*The Presider says to the people*

The Lord be with you.

*People*           **And also with you.**

*Presider*       Let us pray.

*The Presider says the Collect.*

Keep, O Lord, your household the Church in your steadfast faith and love, that through your grace we may proclaim your truth with boldness, and minister your justice with compassion; for the sake of our Savior Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

*People* **Amen.**

§       *Please be seated.*

## The Lessons

*The First Lesson is read, the Reader first saying*

A Reading from the Book of Exodus.

Exodus 19:2-8a

The Israelites had journeyed from Rephidim, entered the wilderness of Sinai, and camped in the wilderness; Israel camped there in front of the mountain. Then Moses went up to God; the LORD called to him from the mountain, saying, "Thus you shall say to the house of Jacob, and tell the Israelites: You have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself. Now therefore, if you obey my voice and keep my covenant, you shall be my treasured possession out of all the peoples. Indeed, the whole earth is mine, but you shall be for me a priestly kingdom and a holy nation. These are the words that you shall speak to the Israelites."

So Moses came, summoned the elders of the people, and set before them all these words that the LORD had commanded him. The people all answered as one: "Everything that the LORD has spoken we will do."

*After each Lesson the Reader may say*

The Word of the Lord.

*Answer* **Thanks be to God.**

- 1 **Be joyful in the LORD, all you lands; \***  
    **serve the LORD with gladness**  
    **and come before his presence with a song.**
- 2 **Know this: The LORD himself is God; \***  
    **he himself has made us, and we are his;**  
    **we are his people and the sheep of his pasture.**
- 3 **Enter his gates with thanksgiving;**  
    **go into his courts with praise; \***  
    **give thanks to him and call upon his Name.**
- 4 **For the LORD is good;**  
    **his mercy is everlasting; \***  
    **and his faithfulness endures from age to age.**

*The Second Lesson is read, the Reader first saying*

A Reading from the Letter of Paul to the Romans.

Romans 5:1-8

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

*The Reader may say*

The Word of the Lord.

*Answer*      **Thanks be to God.**

§            *Please stand as able.*

## **The Holy Gospel**

Matthew 9:35—10:8

*The Deacon reads the Gospel, first saying*

The Holy Gospel of our Lord Jesus Christ according to Matthew.

*People* **Glory to you, Lord Christ.**

Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, “The harvest is plentiful, but the laborers are few; therefore ask the Lord of the harvest to send out laborers into his harvest.”

Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax collector; James son of Alphaeus, and Thaddeus; Simon the Cananaean, and Judas Iscariot, the one who betrayed him.

These twelve Jesus sent out with the following instructions: “Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, ‘The kingdom of heaven has come near.’ Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment.

The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

§ *Please be seated at the introduction of the sermon.*

## **The Sermon**

The Reverend Canon Allisyn Thomas

§ *A moment of silence follows the sermon.*

## **The Nicene Creed**

*Presider*

Let us stand and proclaim our faith in the words of the Nicene Creed.

*(Presider and people)*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

*The Deacon bids the prayers.*

Let us pray for the Church and for the world.

*The Leader and People pray responsively.*

Father, we pray for your holy catholic Church;

People       **That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;

**That your Name may be glorified by all people.**

We pray for all bishops, priests, and deacons;

**That they may be faithful ministers of your Word and Sacraments.**

We pray for the welfare of the world; for your creation, and for all who govern and hold authority in the nations of the world;

**That there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake;

**That our works may find favor in your sight.**

Have compassion on the unsheltered and refugees, and on all who suffer from any grief or trouble;

**That they may be delivered from their distress.**

Give to the departed eternal rest.

**Let light perpetual shine upon them.**

*The Intercessor offers prayers on behalf of the congregation and bids their prayers.*

We praise you for your saints who have entered into joy;

**May we also come to share in your heavenly kingdom.**

Let us pray for our own needs and those of others.

*The Intercessor offers prayers on behalf of the congregation and bids their prayers.*

We thank you, Lord, for all the blessings of this life.

*The Intercessor offers thanksgivings on behalf of the congregation and bids their prayers.*

*Silence*

*The Presider says the concluding Collect*

Gracious God, guide us to deepen our love for one another. Transform our hearts that righteousness may prevail, mercy may flourish, and violence may cease. Grant wisdom to our leaders, comfort to those who mourn, and the courage for us to become faithful instruments of your peace. This we ask in the name of the Prince of Peace, Jesus Christ, our Lord.

*People* **Amen.**

### **Confession of Sin**

*The Deacon says to the People*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Deacon and People together*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*The Presider says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

*People* **Amen.**

## The Peace

*Presider*      The peace of the Lord be always with you.

*People*        **And also with you.**

§      *The People offer each other a sign of the Peace.*

*Please be seated.*

## Welcome and announcements

### The Offertory

*You may give online now by using your phone's camera to scan the quick response code:*



*or text stpaulcathedral to 73256 using your cell phone. Thank you!*

## The Holy Communion

§      *Please stand as able for the offering to be brought forward and remain standing for the Great Thanksgiving. The ushers present the money offering to the deacon and the presider may bless the offering*

*The Presider may say*

All things come of thee, O Lord,

*The People may say*

**and of thine own have we given thee.** (2 Chronicles 29:14)

*Presider* The Lord be with you.  
*People* **And also with you.**  
*Presider* Lift up your hearts.  
*People* **We lift them to the Lord.**  
*Presider* Let us give thanks to the Lord our God.  
*People* **It is right to give our thanks and praise.**

*The Presider continues*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Sanctus** (*Presider and People*)

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*The Presider continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

*Presider and People*

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*The Presider continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being ✠ sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with the blessed Virgin Mary, blessed Paul, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

*Presider and People*   **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**The Lord's Prayer** (*Presider and People*)

BCP 364

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.**

### **The Fraction: The Breaking of the Bread**

*A period of silence follows as the Bread is broken.*

*Presider* Alleluia. Christ our Passover is sacrificed for us.

*People* **Therefore let us keep the feast. Alleluia.**

### **The Invitation**

This is the table, not of the church but of Jesus Christ. It is made ready for those who love him and who want to love him more. So come, you who have much faith and you who have little; you who have been here often and you who have not been for a long time or ever before; you who have tried to follow and you who have failed; come, not because the Church invites you; it is Christ, and he invites you to meet him here.

- *The Iona Community Worship Book*

*Presider* The Gifts of God for the People of God.

*After the Invitation has been given, please be seated until you are ushered to the communion stations at the altar. Please take your purse or valuables with you.*

*At Communion time we will offer the Host with the option to have it partially intincted (dipped) by the Clergy into the wine and placed in the communicant's hand. Alternatively, after receiving and consuming the Host you may proceed to the extra Chalice Bearer to sip from the Common Cup. You may choose to receive only the dry Host or to receive a blessing by the Priest instead of the sacrament.*

*As you come forward, please use one of these three gestures to indicate your preference:*

- ❖ *To receive the Host intincted with wine, extend both your hands, palm up.*
- ❖ *To receive only the Host, extend one hand, palm up, then you may consume the Host and move to the Chalice Bearer to sip from the Common Cup.*
- ❖ *To receive a blessing, cross your hands at your shoulders.*

*If you need to receive a gluten-free wafer, please go to the station at the extreme left. The gluten-free station will also offer a separate Common Cup.*

§ *After a moment of silence following the distribution of communion, please stand as you are able for the following prayer*

**The Postcommunion Prayer**

BCP 365

*Presider* Let us pray.

*All* **Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

*The Deacon may send forth the Lay Eucharistic Minister(s).*

*The Presider may bless the people.*

The blessing of God almighty, ✠ the Father, the Son, and the Holy Spirit, be among you,  
and remain with you always.

*People* **Amen.**

*The Deacon dismisses them with these words*

Let us bless the Lord.

*People* **Thanks be to God.**

§ *The clergy, altar party, and people depart.*

*Everyone is invited to coffee hour in the Great Hall.*

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## **Ministers of the Liturgy**

*Presider:* The Reverend Canon Richard Lief

*Preacher:* The Reverend Canon Allisyn Thomas

*Deacon:* The Reverend Canon Brooks Mason

*Reader:* Kris Hatch

*Head Verger:* Canon Lisa Churchill

*Altar Servers:* Jerry Coughlan, Cherie Dean

*Altar Guild:* Kris Hatch, Wayne Hatch, Roxanne Perfect-Knight, Wanda Porrata,  
Emily Velez-Confer, Susan Williams

*Ushers:* Christie Batten, Norm Friesen, Carl Mattina, Mary Rathbun

*Cathedral audio:* Lorenzo Nericcio

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*In the unlikely event of an emergency requiring us to evacuate the cathedral please follow the directions of the ushers and vergers, and remain as quiet and calm as possible.*

*Please locate an exit nearest you.*

*The exit doors are:*

- ❖ South porch doors at Nutmeg Street and Fifth Avenue*
- ❖ North porch doors to Fifth Avenue Courtyard*
- ❖ South transept east and west doors to Nutmeg Street*
- ❖ Northeast hallway door to Fifth Avenue breezeway*
- ❖ West chapel (to the left of chapel altar) stairs leading down to landing.*

## **Support St. Luke's Youth Pilgrimage to New York**

Today at the 10:30 service, several St. Luke's youth will share briefly their hopes for their upcoming pilgrimage to New York City in July. Supported in part by the Pilgrimage Innovation Hub at Point Loma Nazarene, this trip will challenge these young persons to reflect more deeply on their Christian, American, and racial identities. This will be the first visit for most of these youths, many of whom are the children of east African refugees, and the trip of a lifetime for all of them! Donations toward this transformational experience are invited and much appreciated!

<https://www.stlukesnorthpark.org/nyc>