

The Holy Eucharist:
Rite Two
The Seventh Sunday of Easter:
The Sunday after the Ascension

June 1, 2025 10:30 a.m. As a courtesy to others, please silence electronic devices.

For the link to the webpage with the announcements and bulletins, use this QR code:

This service is being streamed live and if you don't wish to be seen on camera, please ask an usher for appropriate seating.

Services are regularly streamed and recorded and you can find them: <a href="https://www.youtube.com/StPaulsCathedralEpiscopalSanDiego/live">https://www.youtube.com/StPaulsCathedralEpiscopalSanDiego/live</a>

If you're interested in more information about the cathedral's ministries, we would like to hear from you: <a href="http://stpaulcathedral.org/im-new/">http://stpaulcathedral.org/im-new/</a>



St. Paul's Cathedral acknowledges that we gather on unceded Kumeyaay land. We value the knowledge, culture, and worldview of Indigenous people. We commit to the vital work of educating ourselves, increasing community awareness, and promoting reconciliation with our Indigenous neighbors. As we examine actions and practices that perpetuate harm against Indigenous communities, we pledge to work toward a meaningful and respectful relationship as we follow their example in honoring this sacred land.

- Approved by the Cathedral Chapter, May 2023

WELCOME to our liturgy, our customary public ritual of worship. Liturgy is Greek for "the work of the people", so worship is not a performance by the clergy and musicians, and you are not the audience. Instead, all of us make an offering to God. You are invited to sing, respond, and contribute your own voice to our worship today. Please follow along; parts of the service are explained briefly in each major section of the Eucharistic liturgy.

It is our custom to stand, sit, or kneel at different parts of the service. Most of these postures are optional, but we find them useful in helping to worship with our bodies and not just our minds. Our worship is designed to engage all our senses - sight, sound, smell, taste, touch - and we use all of our bodies in worship. Typically, we follow the biblical Jewish and Christian traditions of standing as able to praise God and to pray, sitting in order to listen, and kneeling as able in order to express penitence or devotion. You may notice that some people engage in various acts of personal devotion, such as bowing or making the sign of the cross. These also are optional, used by some in order to enhance their individual experience of worship.

Kneelers are available in the back of the church: please bring one to your seat if you wish to kneel during the service.

Parents with young children are invited to worship with their children in the Prayground area of the Nave, where age-appropriate activities are available.

The flowers are given to the glory of God and in honor of the 40th wedding anniversary of Peter and Lori Bolland.

The people gather and prepare for worship.

### Welcome and announcements.

*§ Please stand as you are able for the tolling of the bell.* 

## We begin with Gathering.

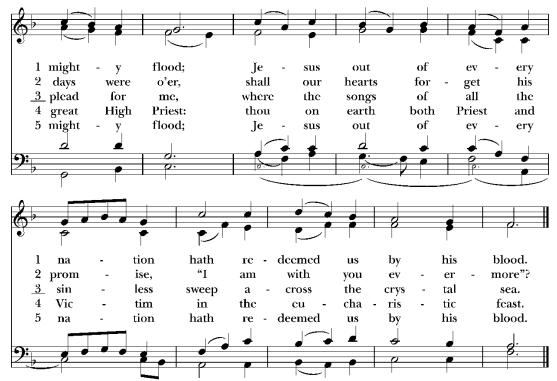
The choir and altar party form the Entrance Procession to begin the Entrance Rite.

Each verger, the person who carries a virge and assists with the organization and operation of worship services, is responsible for a section of the procession. Choir members wear black cassocks and white surplices. The acolytes are vested in white albs and clergy in albs and white stoles. White is the color we use for Eastertide, the Easter Season from Easter Day until the Day of Pentecost. Just before the procession begins, a priest will scoop incense from the boat, the small container with a lid and spoon, place it on the hot coals in the thurible or censer and bless the burning incense.

The entrance hymn begins, and we gather by singing together as one of our opening acts of worship; this is something we do together, as a community. This is not just the act of an individual, but of all of us together. It unifies us, right from the beginning, which is why it is important to join in, even if you don't think you can sing well – God doesn't care how well you sing!

Hymn 460





Words: William Chatterton Dix (1837-1898). Music: Hyfrydol, Rowland Hugh Prichard (1811-1887).

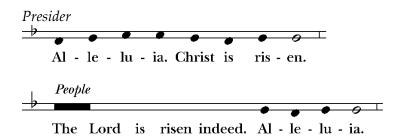
### The Acclamation

The Book of Common Prayer (BCP) page 355

The Acclamation and Collect for Purity:

The Acclamation is a salutation or greeting in the opening dialogue of the eucharistic liturgy arranged by versicle and response and varied according to the liturgical season. The Easter Acclamation is used from Easter Day through the Day of Pentecost.

The Collect for Purity has its roots as a private, preparatory prayer of the priest dating back to the 11th century. It draws from Psalm 51 – the great penitential psalm of David. It is a way for all of us to prepare for worship.



Music: Ambrosian chant; adapt. Mason Martens (1933-1991). Copyright © 1971 Mason Martens.

#### Presider

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *People* **Amen.** 

### All remain standing as able.

A response is sung, and the Presider censes the "Christus Rex" Chancel Cross, the Resurrection icon and the altar. Incense was widely used in Judaism and other cultures of the ancient world as a means of sacrifice, purification, and veneration. Incense is symbolic as it represents the Holy Spirit carrying our prayers towards the heavens. It is a fragrant honorific and an expression conveying respect.

The Gloria "Glory in the highest," is a short hymn of praise to the Trinity. Its opening verse is based on the song of the angels to the shepherds at the time of Jesus' birth, as reported in Lk 2:14. It is known as the "Angelic Hymn." It is also known as the "Greater Doxology," distinguishing it from the Gloria Patri, the "Lesser Doxology." It dates from the fourth century and was the canticle for the morning office in the Apostolic Constitutions. The Gloria may be used on Sundays in Easter season, on Ascension Day, and at other times.

## Gloria (choir) from Missa Brevis Stephen Sturk (b. 1950)

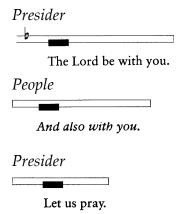
Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

## The Collect of the Day

The Collect of the Day is assigned in the Book of Common Prayer (pp. 211-261), one for each Sunday and Holy Day of the year.

This concludes the Entrance Rite and brings us to the Liturgy of the Word. It introduces the theme of the day from either the Gospel or the life of the Church and frames the conversation we will have in (and with) our readings. It collects our thoughts and intentions.

Chanting the liturgy came into use as churches became larger: chanting is easier on the voice than shouting.



#### Presider

O God, the King of glory, you have exalted your only Son Jesus Christ with great triumph to your kingdom in heaven: Do not leave us comfortless, but send us your Holy Spirit to strengthen us, and exalt us to that place where our Savior Christ has gone before; who lives and reigns with you and the Holy Spirit, one God, in glory everlasting.

People Amen.

*§ Please be seated.* 

#### The Lessons

The Liturgy of the Word is based on ancient Jewish worship: we hear and learn about God's work in the world by listening to Lessons from Scripture. Scripture is read every time God's people gather for worship, whether for Eucharist or for the Daily Office, or for any other prayer service. We are a church grounded in the Word of God, the Holy Scriptures.

We follow a three-year cycle of readings called a Lectionary which is a reading plan that goes through Hebrew Scripture, the psalms, the New Testament, and a Gospel lesson each Sunday. This reading plan is shared by many denominations, and can be found in the Book of Common Prayer starting on p. 888.

The First Lesson is read, the Reader first saying

A Reading from the Acts of the Apostles.

Acts 16:16-34

With Paul and Silas, we came to Philippi in Macedonia, a Roman colony, and, as we were going to the place of prayer, we met a slave girl who had a spirit of divination and brought her owners a great deal of money by fortune-telling. While she followed Paul and us, she would cry out, "These men are slaves of the Most High God, who proclaim to you a way of salvation." She kept doing this for many days. But Paul, very much annoyed, turned and said to the spirit, "I order you in the name of Jesus Christ to come out of her." And it came out that very hour.

But when her owners saw that their hope of making money was gone, they seized Paul and Silas and dragged them into the marketplace before the authorities. When they had brought them before the magistrates, they said, "These men are disturbing our city; they are Jews and are advocating customs that are not lawful for us as Romans to adopt or observe." The crowd joined in attacking them, and the magistrates had them stripped of their clothing and ordered them to be beaten with rods. After they had given them a severe flogging, they threw them into prison and ordered the jailer to keep them securely. Following these instructions, he put them in the innermost cell and fastened their feet in the stocks.

About midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them. Suddenly there was an earthquake, so violent that the foundations of the prison were shaken; and immediately all the doors were opened and everyone's chains were unfastened. When the jailer woke up and saw the prison doors wide open, he drew his sword and was about to kill himself, since he supposed that the prisoners had escaped. But Paul shouted in a loud voice, "Do not harm yourself, for we are all here." The jailer called for lights, and rushing in, he fell down trembling before Paul and Silas. Then he brought them outside and said, "Sirs, what must I do to be saved?" They answered, "Believe on the Lord Jesus, and you will be saved, you and your household." They spoke the word of the Lord to him and to all who were in his house. At the same hour of the night he took them and washed their wounds; then he and his entire family were baptized without delay. He brought them up into the house and set food before them; and he and his entire household rejoiced that he had become a believer in God.

After each Lesson the Reader may say
The Word of the Lord.

Answer Thanks be to God.

Psalm 97 Dominus regnavit (choir) Chant: Charles Villiers Stanford (1852-1924)

1 The LORD is King;

let the earth rejoice; \*

let the multitude of the isles be glad.

- 2 Clouds and darkness are round about him, \*
  - righteousness and justice are the foundations of his throne.
- 3 A fire goes before him \*

and burns up his enemies on every side.

4 His lightnings light up the world; \*

the earth sees it and is afraid.

- 5 The mountains melt like wax at the presence of the LORD, \* at the presence of the Lord of the whole earth.
- 6 The heavens declare his righteousness, \* and all the peoples see his glory.
- 7 Confounded be all who worship carved images and delight in false gods! \*
  Bow down before him, all you gods.
- 8 Zion hears and is glad, and the cities of Judah rejoice, \* because of your judgments, O LORD.
- 9 For you are the LORD, most high over all the earth; \* you are exalted far above all gods.
- 10 The LORD loves those who hate evil; \*
  he preserves the lives of his saints
  and delivers them from the hand of the wicked.
- 11 Light has sprung up for the righteous, \* and joyful gladness for those who are truehearted.
- 12 Rejoice in the LORD, you righteous, \* and give thanks to his holy Name.

The Second Lesson is read, the Reader first saying

A Reading from the Revelation to John.

Revelation 22:12-14,16-17,20-21

At the end of the visions I, John, heard these words:

"See, I am coming soon; my reward is with me, to repay according to everyone's work. I am the Alpha and the Omega, the first and the last, the beginning and the end." Blessed are those who wash their robes, so that they will have the right to the tree of life and may enter the city by the gates.

"It is I, Jesus, who sent my angel to you with this testimony for the churches. I am the root and the descendant of David, the bright morning star."

The Spirit and the bride say, "Come."

And let everyone who hears say, "Come."

And let everyone who is thirsty come.

Let anyone who wishes take the water of life as a gift.

The one who testifies to these things says, "Surely I am coming soon."

Amen. Come, Lord Jesus!

The grace of the Lord Jesus be with all the saints. Amen.

The Reader may say

The Word of the Lord.

Answer Thanks be to God.

The alleluia verse between the second lesson (Epistle) and the proclamation of the Holy Gospel is a verse of scripture bearing some relationship to the Gospel sung with the acclamation "alleluia". The Gospel reading highlights the Liturgy of the Word because it symbolizes the presence of Jesus the Christ. We stand to indicate the importance we place on Jesus' words and actions. This has been a tradition of Christian churches since at least the late 4th century. Proclaiming the Gospel is one of the liturgical roles of the deacon who carries the Gospel book closer to the people.

We turn our bodies toward the gospel, as we hope to turn our hearts, minds, and lives toward the gospel as well. In the 9th century there is evidence that people made a sign of the cross on their foreheads at the gospel announcement. The gospel presence mirrors how Jesus and the Holy Spirit are present in the Liturgy of the Table in the Sacrament.

§ Please stand as able when the Presider stands. The thurifer and deacon begin to move to the place designated for the proclamation of the Gospel.

## Alleluia Verse (Cantor, then all repeat)

Alleluia, Alleluia, Alleluia,

The Lord said, I will not leave / you desolate;\*
I will come back to you, and / your <u>hearts</u> will rejoice.

Alleluia, Alleluia, Alleluia,

At the announcement of the Gospel, it is traditional for the deacon to make a small sign of the cross, using the thumb of the right hand, on the forehead, mouth and heart following the signing of the book. The people may sign themselves in the same way. The deacon then censes the Gospel book with three swings before reading.

The Holy Gospel John 17:20-26

Gospeller

The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Jesus prayed for his disciples, and then he said. "I ask not only on behalf of these, but also on behalf of those who will believe in me through their word, that they may all be one. As you, Father, are in me and I am in you, may they also be in us, so that the world may believe that you have sent me. The glory that you have given me I have given them, so that they may be one, as we are one, I in them and you in me, that they may become completely one, so that the world may know that you have sent me and have loved them even as you have loved me. Father, I desire that those also, whom you have given me,

may be with me where I am, to see my glory, which you have given me because you loved me before the foundation of the world.

"Righteous Father, the world does not know you, but I know you; and these know that you have sent me. I made your name known to them, and I will make it known, so that the love with which you have loved me may be in them, and I in them."

The Gospel of the Lord.

People Praise to you, Lord Christ.

*§ Please be seated at the introduction of the sermon.* 

The sermon is a personal reflection by the preacher on the Scripture readings, our current situation, and the Christian life.

#### The Sermon

The Very Reverend Penny Bridges

§ After a moment of silence, please stand as able for the Nicene Creed.

The Nicene Creed (sung by all on a monotone)

The Nicene Creed is a summary statement of Christian belief. It was adopted by the undivided church in the fourth century and is one of the oldest texts of Christian worship. These are the major points we agree upon as Christians, though we continue discussing what they mean. We pray it rather than merely saying it, because it is a statement of faith, a symbol of unity among all Christians throughout history.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

The Creed is followed by the Prayers of the People, one of the most ancient portions of our liturgy, dating back at least to the 2nd century. Prayer is the primary way we enter into those relationships as Christians, as we intercede for the whole world. Prayer is offered for the Universal Church, the Nation and all in authority, the welfare of the world, the concerns of the local community, those who suffer and those in any trouble, and the departed. It is the function of the deacon to bid or lead the prayers.

## The Prayers of the People

Form I, BCP 383

The Deacon bids the prayers

With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."

Leader

For the peace from above, for the loving-kindness of God, and for the salvation of our souls, let us pray to the Lord.

People Lord, have mercy.

For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For our Bishop, and for all the clergy and people, let us pray to the Lord.

### Lord, have mercy.

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

### Lord, have mercy.

For this city, for every city and community, and for those who live in them, let us pray to the Lord.

### Lord, have mercy.

For seasonable weather, and for an abundance of the fruits of the earth, let us pray to the Lord.

## Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

## Lord, have mercy.

For those who travel on land, on water, or in the air or through outer space, let us pray to the Lord.

### Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, especially...

The Intercessor offers prayers on behalf of the congregation and bids their prayers

let us pray to the Lord.

## Lord, have mercy.

For refugees and the unsheltered, for the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

## Lord, have mercy.

For all who have died in the hope of the resurrection, and for all the departed, especially...

The Intercessor offers prayers on behalf of the congregation and bids their prayers

let us pray to the Lord.

## Lord, have mercy.

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

#### Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

## Lord, have mercy.

Defend us, deliver us, and in your compassion protect us, O Lord, by your grace. **Lord, have mercy.** 

In the communion of the blessed Virgin Mary, blessed Paul, and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To you, O Lord our God.

Silence

## The Collect at the Prayers

For the concluding Collect, the Presider selects a Collect appropriate to the season or occasion being celebrated; or a Collect expressive of some special need in the life of the local congregation; or a Collect for the mission of the Church; or a general Collect such as the following:

Lord, hear the prayers of your people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of your Name; through Jesus Christ our Lord. *People* **Amen.** 

The Peace is a sign of the reconciliation established by Jesus between God and God's people. It originated as the kiss of peace, and you are exchanging peace with your Christian siblings, the peace of Christ which passes all understanding.

#### The Peace

*Presider* The peace of the Lord be always with you.

People And also with you.

§ The People offer each other a sign of the Peace.

*Please* be seated.

## **Ministry Moment**

Craig Monsell

## The Offertory

You may give online now by using your phone's camera to scan the quick response code:



or text stpaulcathedral to 73256 using your cell phone. Thank you!

## The Holy Communion

The Presider may begin the Offertory with one of the sentences on p. 376 of the Book of Common Prayer or with some other sentence of Scripture.

Representatives of the congregation, the Oblation Bearers, bring the people's offerings, the oblations, of bread and wine to the deacon.

The ushers pass the offering plates or alms basins to the congregants. Collecting financial gifts, or passing the plate, serves as a visible reminder that our whole lives are offered to God, and a part of the riches God has given to us are offered back to God in thanksgiving for all that we have and all that we are.

The altar servers assist the Deacon setting the altar. The dressed chalice, the chalice with the corporal and purificator linens and square pall cover, is presented to the deacon who spreads the corporal on the altar before receiving the oblations from the people. Another acolyte brings the paten with gluten free wafers to be placed on the corporal.

We use wine as Jesus did and as he commanded us to do. The deacon pours wine from the cruet into the chalice. A little water is generally added to reduce the strength of the wine and to symbolize the water that poured out of Jesus' side after his death. We typically use vessels made from precious metals as a way of honoring the importance of communion; and the silver and gold used in most chalices don't harbor microbes. We use linen cloths on the altar in ways which are very similar to the way in which you might use linen napkins and tablecloths at a dinner party. Both scripture and Christian tradition often compare communion to a great heavenly banquet or feast of all the saints.

We enter the Remembering part of our service as we celebrate Jesus' words and actions of the night before he died. We call this whole last half of the service the Liturgy of the Table, or Holy Communion, or Eucharist. The word Eucharist means to "give thanks."

## At the Offertory, anthem

O God, the King of glory Henry Purcell (c. 1659-1695)

O God, the King of glory, who hast exalted thine only Son Jesus Christ with great triumph into heaven:
We beseech thee, leave us not comfortless; but send to us thine Holy Ghost to comfort us, and exalt us unto the same place where our Saviour Christ is gone before us. Amen.

(Collect, Sunday after Ascension, Book of Common Prayer)

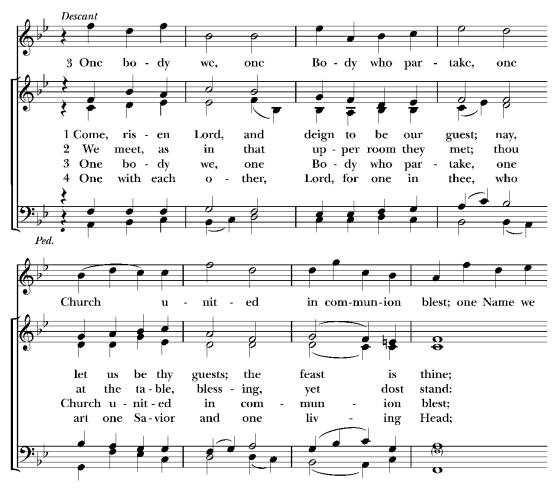
*§ Please stand as able for the following hymn.* 

### *During the Offertory hymn:*

The thurifer meets the presider in front of the altar and the presider censes the altar and gifts. The thurifer then bows and censes the presider, deacon, and assisting clergy or preacher, sometimes referred to as the three sacred ministers. The thurifer bows and censes the altar party, choir, and congregation before standing aside for the Great Thanksgiving. The thurifer may gently swing the thurible during the Eucharistic Prayer and cense during the Sanctus, "Holy, holy, holy Lord", and at the elevation of the Consecrated Elements during the Doxology at the conclusion of the Great Thanksgiving and during the Great Amen.

The Lavabo refers to the washing of hands prior to leading the Eucharistic Prayer. An acolyte pours water over the presider's fingers using the lavabo bowl and linen towel. An acolyte completes the preparation of the altar by putting the altar book and stand in place for the presider. The ushers present the money offering to the deacon and the presider may bless the offering and say "All things come from thee, O Lord," and the People may say "and of thine own have we given thee" from 2 Chronicles 29:14.

## Hymn 305





Words: George Wallace Briggs (1875-1959), alt. By permission of Oxford University Press. Music: *Rosedale*, Leo Sowerby (1895-1968). Copyright © 1969, H.W. Gray, a division of Belwin Mills Publishing Corp. Copyright renewed. Used with permission. All rights reserved.

§ Please remain standing as able for the Great Thanksgiving. During the Sanctus, the children may come forward to the sanctuary steps for their participation in the Eucharistic Prayer.

During the Eucharistic Prayer, we focus on the death and resurrection of Jesus which is the heart of the Christian faith. We recall his words to his disciples at the Last Supper, in which Christ commanded us to continue the tradition he was beginning. You will find the clearest expression of the meaning of communion by listening carefully to the words of the Eucharistic Prayer.

The one who presides over Eucharist is always an ordained person known as a presbyter or priest.

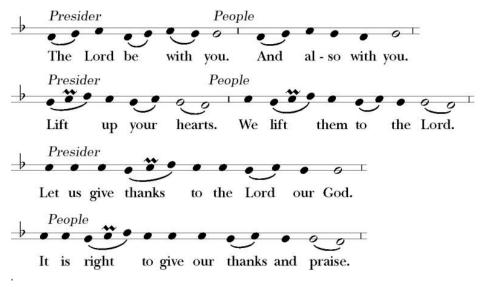
In the earliest centuries of the church, the bishop, or chief pastor, would always preside, but soon the church grew too large for one person to do this. The bishop has since ordained and delegated priests to celebrate the Eucharist in each local congregation. The four-fold order of the ministry of bishops, priests, deacons, and lay people goes back to the beginnings of the church; that is why Episcopalians and others retain these orders to this day.

The Sursum Corda, Latin for "Lift up your hearts," is a phrase dating back to 215 AD and helps us to focus our attention on God's action coming to us.

The Presider continues with the Proper Preface which is seasonal and helps us to further focus on what is happening (BCP 377). It ends with the Sanctus (Holy, Holy, Holy, Holy Lord) which is a hymn dating back to the 4th Century based on writings of the Prophet Isaiah (and later St. John the Divine in the Revelation to John) in anticipation of the heavenly banquet.

## **The Great Thanksgiving** Eucharistic Prayer B

**BCP 367** 



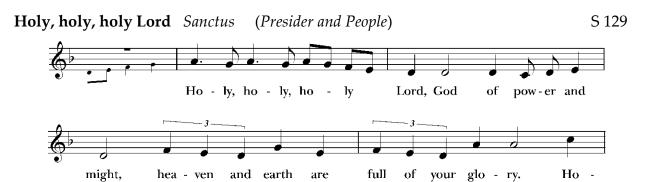
The Presider continues

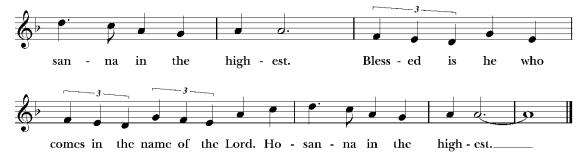
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays as appointed.

Through your dearly beloved Son Jesus Christ our Lord. After his glorious resurrection he openly appeared to his disciples, and in their sight ascended into heaven, to prepare a place for us; that where he is, there we might also be, and reign with him in glory.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:





Music: Robert Powell (b. 1932). Setting: Copyright © Church Publishing Inc.

The first part of the Eucharistic Prayer recalls the events of salvation history, and this is called Anamnesis, meaning 'remembering' or 'reminiscence.'

#### The Presider continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

The following Words of Institution recall Jesus' words at the Last Supper instructing the disciples to 'do this in remembrance of me.'

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Presider and People

We remember his death,
We proclaim his resurrection,
We await his coming in glory;

The Words of Invocation called the 'Epiclesis' are where we ask the Holy Spirit to descend upon these gifts and upon us to make the bread and wine holy and to make us part of Christ's body. This 'validates' the Mass.

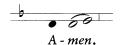
#### The Presider continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being ♣ sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with the blessed Virgin Mary, blessed Paul, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

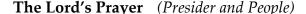
Presider and People



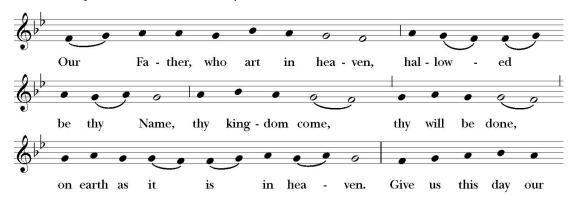
The Great Amen, from the Hebrew meaning "so be it," is the only word in our Book of Common Prayer in all capital letters. We assent to and affirm what we've just heard.

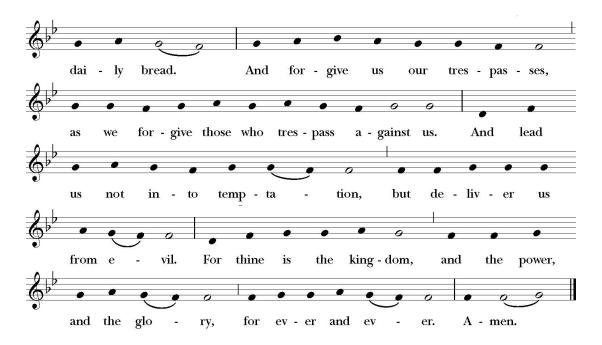
The Lord's Prayer follows: it becomes the summation of our prayers to God in blessing the Bread and Wine and is also another way of affirming our heritage as the church. The link between our daily bread and the spiritual food we receive in the Eucharist is an ancient connection. In the Lord's Prayer we ask for daily bread, symbolizing that God's presence with us is also essential to our getting through the day.

And now, as our Savior Christ has taught us, we are bold to say,



S 119





Setting: Plainsong; adapt. Charles Winfred Douglas (1867-1944)

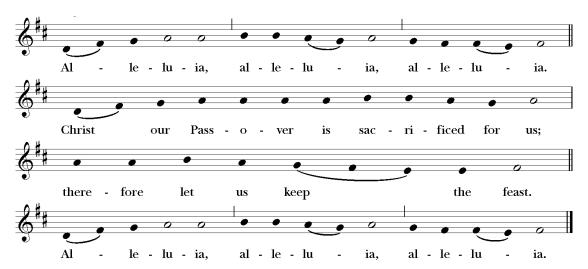
## The Fraction: The Breaking of the Bread

A period of silence follows as the Bread is broken.

In the Eucharist, the use of silence is active rather than passive and in this silence, we break the bread and recall the body of Christ broken for us. We may hear the sound of the bread breaking, too.

### Fraction Anthem: Christ our Passover

S 154



Title: The Holy Eucharist, Fraction Anthem: Christ our Passover Music: From *New Plainsong*; David Hurd (b. 1950)

#### The Invitation

This is the table, not of the church but of Jesus Christ. It is made ready for those who love him and who want to love him more. So come, you who have much faith and you who have little; you who have been here often and you who have not been for a long time or ever before; you who have tried to follow and you who have failed; come, not because the Church invites you; it is Christ, and he invites you to meet him here.

The Iona Community Worship Book

Presider The Gifts of God for the People of God.

The acolytes bring additional chalices and patens to the altar. The altar ministers divide the sacrament accordingly, and once the communion ministers receive communion, they move to their assigned stations to distribute. The ushers guide the people to the communion stations and lead the communion ministers to anyone in the congregation who is unable to come forward to receive.

After the Invitation has been given, please be seated until you are ushered to the communion stations at the altar. Please take your purse or valuables with you.

At Communion time we will offer the Host with the option to have it partially intincted (dipped) by the Eucharistic Minister into the wine and placed in the communicant's hand. For the time being we will not offer the option of drinking from the Common Cup. You may choose to receive only the dry Host or to receive a blessing instead of the sacrament.

*As you come forward, please use one of these three gestures to indicate your preference:* 

- ❖ *To receive the host with wine, extend both your hands, palm up.*
- ❖ *To receive only the host, extend one hand, palm up.*
- ❖ To receive a blessing, cross your hands at your shoulders.

*If you need to receive a gluten-free wafer, please go to the station at the extreme left.* 

+ Laying on of hands for healing – for your own needs or for the needs of another person - is available during Communion at the healing station at the south wall near the pulpit.

The Bread and the Cup are given to the communicants with these words
The Body (Blood) of our Lord Jesus Christ keep you in everlasting life. **Amen.**or with these words

The Body of Christ, the bread of heaven. Amen.

The Blood of Christ, the cup of salvation. Amen.

The vergers monitor the distribution to ensure there is sufficient sacrament available. When necessary, the Celebrant consecrates additional bread and wine, using the form on BCP page 408.

## At the Communion, Agnus Dei (choir)

Sturk

O Lamb of God, that takest away the sins of the world: have mercy on us. O Lamb of God, that takest away the sins of the world: have mercy on us. O Lamb of God, that takest away the sins of the world: grant us thy peace.

Anthem Coelos ascendit hodie
Charles Villiers Stanford (1852-1924)

Coelos ascendit hodie Jesus Christus Rex gloriae, Alleluia! Sedet ad Patris dexteram, gubernat coelum et terram, Alleluia! Iam finem habent omnia Patris Davidis carmina, Alleluia! In hoc triumpho maximo, Alleluia! Benedicamos Domino, laudatur Sancta Trinitas, Deo dicamus gratias, Alleluia! Amen.

Jesus Christ, the King of Heaven has ascended into heaven, Alleluia! Who sits at the right hand of God and who rules heaven and earth, Alleluia! Now all the songs of the Patriarch David have been fulfilled, Alleluia! He sits upon the royal throne of God, in this greatest triumph. Alleluia! Let us bless the Lord, let the Holy Trinity be praised, let us give thanks to God, Alleluia! Amen.

[Op. 38, No2; text: medieval hymn]

As communion concludes, the vergers and acolytes respectfully take the communion vessels to the sacristy for sacristans to clean. The Lay Eucharistic Visitors come forward to the credence table to gather their portable communion kits which now contain sacrament from the mass. The altar is cleared, and the altar ministers return to their seats.

§ After a moment of silence, please stand as you are able for the following prayer.

## The Postcommunion Prayer

Postcommunion prayers date from the fourth century. This is a prayer of thanksgiving after communion that also seeks God's help for Christian service. This prayer expresses the transition of the Christian's attention from the mystery of sacramental participation to the engagement of Christian ministry. We move out to be God's hands and heart in the world. The eucharistic community is sent "into the world in peace" to love and serve God as witnesses of Christ.

Presider Let us pray.

All

Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.

*The Deacon may send forth the Lay Eucharistic Minister(s).* 

A Lay Eucharistic Visitor (LEV) may be licensed to go from a eucharist to share the sacrament with members of the congregation who were unable to be present at the celebration because of illness or infirmity.

*The Presider may bless the people.* 

This function of the priest is a sacerdotal pronouncement of God's love and favor, addressed to the people and the Presider may make the sign of the cross  $(\maltese)$  over the people.

People Amen.

### **Hymn 492**



Words: John Ellerton (1826-1893), alt. Music: Finnian, Christopher Dearnley (b. 1930). By permission of Oxford University Press.

The final act of our common worship is the Dismissal, another liturgical function of the deacon. It is not an afterthought, but an integral part of the service. The word "mass" comes from the Latin words "missa est"- "you are sent." Jesus' final action on earth was to send his followers into the world to make disciples, baptizing and teaching them to obey all that he commanded. This is what we are all called to do, to be a blessing to others. During Easter Season "Alleluia" is added as an exclamation of joy and praise.

#### The Dismissal

*The Deacon dismisses them with these words:* 

Let us go forth in the name of Christ. Alleluia, alleluia.

People Thanks be to God. Alleluia, alleluia.

### **Organ Voluntary**

Fanfare

William Mathias (1934-1992)

*§* The clergy, altar party, and people depart.

If you choose not to remain for the Organ Voluntary, please leave quietly out of respect for those who would like to stay and pray for a while.

Thank you.

Everyone is invited to coffee hour following the service.

The sacristans clear the credence table and begin their tasks of washing the communion vessels and linens. The sacristans transfer any remaining sacrament to the ciborium, the vessel in which the Blessed Sacrament is kept when reserved in the Aumbry on the wall in the Chapel of the Holy Family. Any remaining consecrated wine is poured into the piscina, the sacristy sink with a designated drain which bypasses municipal sewer systems and runs straight down into the earth. The used communion vessels are first abluted or cleansed by rinsing them with water over the piscina.

After the credence table is cleared, the acolytes extinguish the Eucharistic and Office candles. The altar servers then clear the sanctuary of any items which will not be used at the next service. The cathedral sound tech collects the microphones and stores them in the sacristy.

*The Instructed Eucharist texts are adapted from:* 

Michno, Dennis G. *A Priest's Handbook: The Ceremonies of the Church.* 2<sup>nd</sup>. ed. Morehouse-Barlow Co.: Wilton, Conn., 1983.

---. A Manual for Acolytes. Morehouse Publishing. Harrisburg, PA, 1981.

Instructed Eucharist, St Andrew's Episcopal Church. Encinitas, CA, 2018.

St Andrew's Episcopal Church Instructed Eucharist. Pacific Beach, CA, 2024.

An Episcopal Dictionary of the Church; <a href="https://www.episcopalchurch.org/glossary/">https://www.episcopalchurch.org/glossary/</a>

## Ministers of the Liturgy

Presider: The Rev. Cn. Richard Hogue, Jr.

Preacher & Dean: The Very Rev. Penny Bridges

Deacon: The Rev. Cn. Brooks Mason Healing: The Rev. Cn. Richard Lief Readers: John Will, Allen Mutchler

*Intercessor:* Justin Lewis

Head Verger: Cn. Lisa Churchill

Altar Servers: Jeff Erwin, Natalie Fitzsimons, Bart Smoot

Verger: Jairus Kleinert Thurifer: Judy MacDonald

Altar Guild: Joanna Airhart, Rew Carne, Cherie Dean, Almira Fort, Todd Hurrell,

Phyllis Lengyel, Paula Peeling, Scott Strickland

ASL Interpreter: Cherie Dean Head Usher: Cn. Lucinda Parsons

Usher-in-Charge: Roxanne Perfect-Knight

Ushers: Bob Longstreth, Roberta Price, Tom Price, Bob Reed

Director of Music: Cn. Martin Green

Choir: The Cathedral Choir Cathedral audio: Craig Monsell

Audio/Visual Technicians: Marshall Moore, Lorenzo Nericcio, Mark Sanzi,

Mike Thornburgh, Jim Wright, Paul Young

In the unlikely event of an emergency requiring us to evacuate the cathedral please follow the directions of the ushers and vergers, and remain as quiet and calm as possible.

Please locate an exit nearest you.

*The exit doors are:* 

- South porch doors at Nutmeg Street and Fifth Avenue
- ➤ North porch doors to Fifth Avenue Courtyard
- ➤ South transept east and west doors to Nutmeg Street
- ➤ Northeast hallway door to Fifth Avenue breezeway
- ➤ West chapel (to the left of chapel altar) stairs leading down to landing.

# What are they doing up there?

Worship is an important part of what we do here on Sunday, and it involves a lot of people. Have you ever wondered what these roles are or wanted to participate yourself? Below you will find brief explanations along with contact information should you wish to get involved.

Ministry Name	What do we do?	How do we train?	Time Commitment Per Month	First Step(s)?	Contact Name	Contact Email:
Altar Guild (Sacristans)	Prepare the altar area for services and clean up after	On the job with the team we will work with monthly	1 weekend a month: 1.5 hours Saturday, Sunday from 45 minutes before assigned service to 30 minutes after	Observe the team at work	Canon Konnie Dadmun	konnie.dadmun@gmail.com
Altar Servers:			Once or twice a month as desired; arrive 45-60 minutes before assigned service	Take Safe Church course	Canon Lisa Churchill	SPCheadverger@gmail.com
1. Chalice bearer	Hold Communion cup for clergy	On the job	8:00 or 10:30 am Sunday	Schedule to shadow a service, arriving early		
2. Crucifer	Carry cross in procession; set Gospel stand	On the job	Any Sunday service	Schedule to shadow a service, arriving early		
3. Acolyte	Carry torches in procession; help set the table	On the job	8:00 or 10:30 am Sunday	Schedule to shad arriving early		
4. Thurifer	Provide smoke using the thurible which is filled with incense	Become proficient in roles above; apprentice under experienced thurifers	10:30 am or 5 pm Sunday	Become thoroug in all other altar above		
5. Verger	lead processions, plan services, supervise other altar servers	Become proficient in roles above; train as subverger	Any Sunday service	Become thoroughly proficient in all other altar server roles above		

Lector	Read Bible lessons; lead Prayers of People	annual workshop plus one on one coaching	One hour's prep ahead of time; schedule about one service every 6-8 weeks	Contact ministry leader	Mark Lester	mlestersd@sbcglobal.net
Choir	Help lead the liturgical music offerings at service from within the choir (children and adults).	Č	10:30 am or 5 pm Sunday (with early call time for rehearsals), plus weekly rehearsal sessions.	Arrange appointment with the Canon for Music to discuss audition.	Canon Martin Green	greenm@stpaulcathedral.org
Usher	Welcome all; help with taking the offering and communion traffic control	On the job	8 or 10:30 am 1 Sunday a month; Evensong as desired	Hand out bulletins	Canon Lucinda Parsons	lulu2parsons@gmail.com
Prayground	Help Kate supervise young children	On the job; requires Safe Church training	10:30 am Sunday, schedule TBD	Take Safe Church course	Kate Gould	gouldk@stpaulcathedral.org
Audio Control	Operate ipad to mute and unmute spoken roles in worship	Ministry leader will train	8, 10:30 or 5 pm Sunday; about once a month. Arrive 20- 30 minutes before the service	Contact ministry leader	Craig Monsell	craigmonsell@gmail.com
Video & Broadcast Engineering Control	Schedule Streaming, Prepare Graphics, Operate Cameras on air and recording maintain archive	Ministry leaders will train	Assignment varies depending on team rotation between Organ Recitals, 10:30, Evensong and Special Events	Contact ministry leader	Mike Thornburgh Paul Young	jthornburgh1@mac.com bassblu@gmail.com