EVENSONG

March 23, 2025
THE THIRD SUNDAY IN LENT
FIVE O'CLOCK IN THE EVENING



SUNG BY: THE CATHEDRAL CHORISTERS WITH THE CATHEDRAL SCHOLA OFFICIANT & DEAN: THE VERY REV. PENNY BRIDGES LECTOR: BLAIR SHAMEL The Rev. Canon Brooks Mason, Canon Liturgist Canon Martin Green, Organist & Director of Music

Canon Lucinda Parsons, Head Usher Bob Longstreth, Tom Simmons, Ushers We welcome all to this service. If you are here this evening to experience the service as a "sound bath" we invite you to find a space on the floor at the front of the south aisle (to the left), in the area with a rug. Please use the QR code on page 10 to make a contribution.

Assisted hearing devices are available from an usher.

For the link to the webpage with the announcements and bulletins, use this QR code:

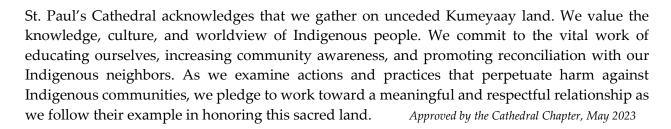
Services are regularly streamed and recorded and you can find them: https://www.youtube.com/StPaulsCathedralEpiscopalSanDiego/live

If you're interested in more information about the cathedral's ministries,

we would like to hear from you: http://stpaulcathedral.org/im-new/

This service is being streamed live and if you don't wish to be seen on camera, please ask an usher for appropriate seating.

As a courtesy to others, please silence electronic devices.



In the unlikely event of an emergency requiring us to evacuate the cathedral please follow the directions of the ushers and vergers, and remain as quiet and calm as possible.

The exit doors are:

- ❖ South porch doors at Nutmeg Street and Fifth Avenue
- ❖ North porch doors to Fifth Avenue Courtyard
- ❖ South transept east and west doors to Nutmeg Street
- ❖ Northeast hallway door to Fifth Avenue breezeway
- ❖ West chapel (to the left of chapel altar) stairs leading down to landing.

Please locate an exit nearest you.



ORGAN VOLUNTARY

Ach Herr, mich armen Sünder, Krebs-WV 515 Johann Ludwig Krebs (1713-1780)

INTROIT Oculi omnium
Charles Wood (1866-1926)

Oculi omnium in te sperant, Domine: et tu das escam illorum in tempore opportuno. Gloria tibi, Domine. Amen.

The eyes of all wait upon Thee, O Lord: and Thou givest them their meat in due season. Glory to Thee, O Lord. Amen. [Psalm 145, v. 15]

¶ Please stand as you are able at the tolling of the bell.

OPENING SENTENCE (Officiant)

PRECES William Smith (c. 1603-1645)

Officiant O Lord, open thou our lips.

Choir And our mouth shall shew forth thy praise.

Officiant O God, make speed to save us. Choir O Lord, make haste to help us.

Officiant Glory be to the Father, and to the Son, and to the Holy Ghost;

Choir as it was in the beginning, is now and ever shall be, world without end.

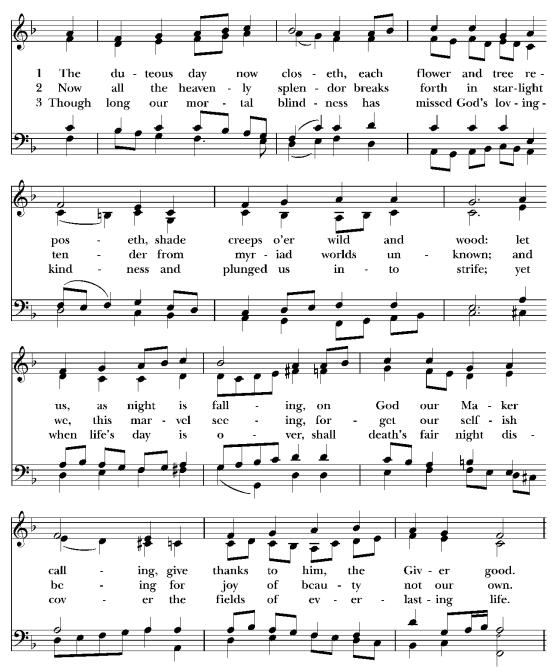
Amen.

Officiant Praise ye the Lord.

Choir The Lord's name be praised.

¶ Please remain standing as able for the hymn.

OFFICE HYMN 46



Words: Paul Gerhardt (1607-1676); tr. Robert Seymour Bridges (1844-1930) and others. Music: *O Welt, ich muss dich lassen*, melody att. Heinrich Isaac (1450?-1517); harm. Johann Sebastian Bach (1685-1750).

¶ Please be seated.

Psalm 34:1-9. Benedicam Dominum (choir)

chant: William Boyce

I WILL alway give thanks unto the Lord; * his praise shall ever be in my mouth.

- 2 My soul shall make her boast in the Lord; * the humble shall hear thereof, and be glad.
- 3 O praise the Lord with me, * and let us magnify his Name together.
- 4 I sought the Lord, and he heard me; * yea, he delivered me out of all my fear.
- 5 They had an eye unto him, and were lightened; * and their faces were not ashamed.
- 6 Lo, the poor crieth, and the Lord heareth him; * yea, and saveth him out of all his troubles.
- 7 The angel of the Lord tarrieth round about them that fear him, * and delivereth them.
- 8 O taste, and see, how gracious the Lord is: * blessed is the man that trusteth in him.
- 9 O fear the Lord, ye that are his saints; * for they that fear him lack nothing.

Glory be to the Father * and to the Son and to the Holy Ghost.

As it was in the beginning is now and ever shall be; World without end. Amen.

FIRST READING Jeremiah 6:1-15

The first reading is taken from the Hebrew Scriptures.

¶ Please stand as you are able.

MAGNIFICAT in b-minor

T. Tertius Noble (1867-1953)

The Magnificat is Mary's song (Luke 1:46-55) responding to the declaration that the child she is to bear will fulfill the promises of the Hebrew Scriptures.

MY SOUL doth magnify the Lord,

and my spirit hath rejoiced in God my Savior.

For he hath regarded

the lowliness of his handmaiden.

For behold from henceforth

all generations shall call me blessed.

For he that is mighty hath magnified me,

and holy is his Name.

And his mercy is on them that fear him

throughout all generations.

He hath showed strength with his arm;

he hath scattered the proud in the imagination of their hearts.

He hath put down the mighty from their seat,

and hath exalted the humble and meek.

He hath filled the hungry with good things,

and the rich he hath sent empty away.

He remembering his mercy hath holpen his servant Israel,

as he promised to our forefathers,

Abraham and his seed forever.

Glory be to the Father, and to the Son, * and to the Holy Ghost; As it was in the beginning, is now, and ever shall be, * world without end. Amen.

¶ Please be seated.

SECOND READING

1 Corinthians 6:12-20

The second reading is taken from the New Testament which tells of the life and teaching of Jesus and the witness of the early Church.

¶ Please stand as you are able.

NUNC DIMITTIS in b-minor

Noble

The Nunc Dimittis is the song of Simeon (Luke 2:29-32) who, before he dies, sees the Infant Jesus and holds him in his arms.

LORD, now lettest thou thy servant depart in peace,

according to thy word.

For mine eyes have seen thy salvation,

which thou hast prepared before the face of all people,

To be a light to lighten the Gentiles,

and to be the glory of thy people Israel.

Glory be to the Father, and to the Son, * and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be, * world without end. Amen.

¶ Please remain standing.

THE APOSTLES' CREED (led by the choir)

I believe in God, the Father almighty,

maker of heaven and earth;

And in Jesus Christ his only Son our Lord;

who was conceived by the Holy Ghost,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, dead, and buried.

He descended into hell.

The third day he rose again from the dead.

He ascended into heaven,

and sitteth on the right hand of God the Father almighty.

From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

SALUTATION

Officiant The Lord be with you.Choir And with thy spirit.Officiant Let us pray.

THE LESSER LITANY (choir)

Smith

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

THE LORD'S PRAYER (led by the choir)

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
in earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE SUFFRAGES

Officiant O Lord, shew thy mercy upon us.

Choir And grant us thy salvation.

Officiant O Lord, save the State.

Choir And mercifully hear us when we call upon thee.

Officiant Endue thy ministers with righteousness.

Choir And make thy chosen people joyful.

Officiant O Lord, save thy people.

Choir And bless thine inheritance.

Officiant Give peace in our time, O Lord.

Choir Because there is none other that fighteth for us, but only thou, O God.

Officiant O God, make clean our hearts within us.

Choir And take not thy Holy Spirit from us.

THE COLLECTS

The Collect for the Third Sunday in Lent

ALMIGHTY GOD, Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

A Collect for Peace

O GOD, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give, that our hearts may be set to obey thy commandments, and also that by thee, we, being defended from the fear of all enemies, may pass our time in rest and quietness; through the merits of Jesus Christ our Savior. **Amen.**

A Collect for Mission

KEEP WATCH, DEAR LORD, with those who work, or watch, or weep this night, and give thine angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for thy love's sake. **Amen.**

¶ Please be seated for the anthem.

Offerings at Evensong directly support ministries at the Cathedral. See page 10.

AT THE OFFERING, Anthem

I have longed for thy saving health William Byrd (c. 1540-1623)

I have longed for thy saving health, O Lord. Thy law is my delight, O Lord. O let my soul live and it shall praise thee, and thy judgments shall help me.

THE WELCOME

¶ Please stand as you are able.

CLOSING PRAYERS

DISMISSAL

The grace ♥ of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. **Amen.**

¶ Please remain standing.

HYMN 144



Words: Latin; tr. Anne K. LeCroy (b. 1930). Copyright © 1982, Anne LeCroy. Music: Cornhill, Harold Darke (1888-1976), alt. By permission of Oxford University Press.

Cantor Let us bless the Lord.
Choir Thanks be to God.

ORGAN VOLUNTARY

Trois pièces pour orgue, Op. 29, No.1, *Prélude*Gabriel Pierné (1863-1937)

§ If you choose not to remain for the Organ Voluntary, please leave quietly out of respect for those who would like to stay and pray for a while. Thank you.

You may give online now by using your phone's camera to scan the quick response code:



or text stpaulcathedral to 73256 using your cell phone.

Thank you!

LENT FORMATION OFFERINGS

Sunday Forum at 9 am, Five weeks, March 9-April 6 in the Guild Room

"Make Me an Instrument: A Guide to Civil Discourse".

The mission of the church is to reconcile all people to God and to each other. In a divided and polarized world, how might we carry out that mission? The Episcopal Church's Office of Government Relations has developed this five week class on Civil Discourse to help us grow in our ability to listen across divisions and to be instruments of reconciliation. All are welcome to participate in this class which will be led by clergy and members of the Peace and Justice committee.

Monday Book Study at 6:30 pm, four sessions starting March 10, via Zoom

"The Serviceberry: Abundance and Reciprocity in the Natural World" by Robin Wall Kimmerer.

In the Gospels Jesus promises us life abundant, meant for all. What can we learn about abundance from our observation of God's creation? Robin Wall Kimmerer, author of "Braiding Sweetgrass", offers a bold and inspiring vision for how to orient our lives around gratitude, reciprocity, and community, based on the lessons of the natural world. Join Diane Lopez Hughes and other members of the Diocese in this four part study. To sign up contact Diane at dianelopezhughes@me.com.

<u>Five session Inquirers Class, Wednesdays at 3 pm, in person, starting March 12</u> What is an Episcopalian? A Study of the Episcopal Church.

At the Great Vigil of Easter on April 19 our Bishop will baptize, confirm, and receive those who wish to strengthen their commitment to the Episcopal Church. This class will offer preparation for this ritual as well as a refresher for longtime members. We will use "Walk in Love: Episcopal Beliefs and Practices" by Scott Gunn and Melody Wilson Shobe as our text for this five session class, which will be led by cathedral clergy. Sign up at

https://onrealm.org/StPaulsCathedral/Registrations/Info/24adfb5b-9c16-4f42-8c2a-b28a003a862b?returnTo=upcomingEvents

For Personal Devotions

St. Paul's Cathedral Daily Lenten Reflections. We will once again publish a booklet of reflections by members of the parish for each day of Lent, focusing on the Daily Office Scripture readings. Copies are available in the porches, or you can find the reflections online at https://stpaulcathedral.org/wp-content/uploads/2025/03/Lenten-Reflections-Booklet-2025-FINAL.pdf

Stations of the Cross, Fridays at 6 pm starting March 7

On Friday evenings of Lent we offer the ancient meditation of walking the Stations of the Cross in the Cathedral. This 40 minute service takes us on the journey from the condemnation of Jesus by Pontius Pilate to his final repose in the tomb provided by Joseph of Arimathea. You can find an online version of this meditation at stpaulcathedral.org/lent/

Lenten Quiet Day Saturday April 5 9:30 am to 4:00 pm

Encounters with Silence: a Lenten Quiet Day with the Rev. Robert Bryant

Join Fr Bryant for a day of reflection, meditation and prayer as we prepare for Holy Week. We will gather in the Guild Room for morning prayer. Fr Bryant will lead three meditations throughout the day, and there will be ample time throughout the day for participants to walk the labyrinth, journal, and meditate. We will conclude with Stations of the Cross in the Cathedral at 3 pm. Bring a bag lunch: beverages will be provided. Please sign up in advance at https://onrealm.org/StPaulsCathedral/Registrations/Info/85fbfbf8-e6e2-4674-8ec0-b28f017bff32?returnTo=upcomingEvents

Holy Week at St Paul's Cathedral

Sunday of the Passion, Palm Sunday, April 13

8 am – Liturgy of the Palms, Passion, and Eucharist in the Cathedral.

9:45 am – Procession, Liturgy of the Palms, Passion, and Eucharist in the Cathedral or worship online.

5 pm – Choral meditation on the Passion in the Cathedral or worship online.

Holy Wednesday, April 16

7 pm – Choral Tenebrae in the Cathedral or worship online.

Maundy Thursday, April 17

7 pm – Liturgy of the Day and Eucharist in the Cathedral or worship online.

8:30 pm – Vigil in the Chapel of the Holy Family

Good Friday, April 18

12 pm – Choral Music and Meditations on the Passion in the Cathedral or worship online.

7 pm – Good Friday liturgy in the Cathedral or worship online.

Holy Saturday, April 19

9 am – Holy Saturday liturgy in the Chapel of the Holy Family.

7:30 pm – The Great Vigil of Easter, Dean Penny will preach, and Bishop Susan will preside. In the Cathedral or worship online.

Easter Day, Sunday, April 20

8 am – Holy Eucharist with hymns.

10:30 am – Festival Eucharist with the Bishop preaching and presiding. Worship online. A special reception follows the 10:30 service.

The Cathedral offices will be closed on Monday and Tuesday, April 21st and 22nd, for Easter holiday.