A Requiem Eucharist and Commendation in thanksgiving for the life of

Julia Brooks Gorman

August 20, 1943 – February 28, 2025



March 21, 2025 at three o'clock in the afternoon

Saint Paul's Cathedral San Diego ◊ California As a courtesy to others, please silence electronic devices.

For the link to the webpage with the bulletin,

click here: https://stpaulcathedral.org/service-bulletin/

This service is being streamed live and if you don't wish to be seen on camera, please ask an usher for appropriate seating.

St. Paul's Cathedral acknowledges that we gather on unceded Kumeyaay land. We value the knowledge, culture, and worldview of Indigenous people. We commit to the vital work of educating ourselves, increasing community awareness, and promoting reconciliation with our Indigenous neighbors. As we examine actions and practices that perpetuate harm against Indigenous communities, we pledge to work toward a meaningful and respectful relationship as we follow their example in honoring this sacred land.

Approved by the Cathedral Chapter, May 2023

Organ Voluntary

Prelude in C Major, BWV 547 Johann Sebastian Bach (1685-1750)

§ At the tolling of the bell, please stand as you are able and face the cathedral entrance.

The Burial of the Dead: Rite Two

The Reception of the Ashes

The Dean meets the ashes at the door of the church and says

With faith in Jesus Christ, we receive the mortal remains of our sister Julia. Let us pray with confidence to God, the Giver of life, that God will raise her to perfection in the company of the saints.

The Dean asperges the Urn.

Silence may be kept, after which the Dean says

Deliver your servant, Julia, O Sovereign Lord Christ, from all evil, and set her free from every bond; that she may rest with all your saints in the eternal habitations; where with the Father and the Holy Spirit you live and reign, one God, for ever and ever.

People Amen.

Let us also pray for all who mourn, that they may cast their care on God, and know the consolation of his love.

Silence may be kept, after which the Dean says

Almighty God, look with pity upon the sorrows of your servants for whom we pray. Remember them, Lord, in mercy; nourish them with patience; comfort them with a sense of your goodness; lift up your countenance upon them; and give them peace; through Jesus Christ our Lord.

People Amen.

\S Please remain standing as you are able and sing the following hymn.

Processional Hymn 625



Words: Richard Baxter (1615-1691); rev. John Hampden Gurney (1802-1862). Music: *Darwall's 148th*, melody and bass John Darwall (1731-1789); harm. William Henry Monk (1823-1889), alt.; desc. Sydney Hugo Nicholson (1875-1947).

The Presider says the following.

I am Resurrection and I am Life, says the Lord. Whoever has faith in me shall have life, even though he die.
And everyone who has life, and has committed himself to me in faith, shall not die for ever.

As for me, I know that my Redeemer lives and that at the last he will stand upon the earth. After my awaking, he will raise me up; and in my body I shall see God. I myself shall see, and my eyes behold him who is my friend and not a stranger.

For none of us has life in himself,
and none becomes his own master when he dies.
For if we have life, we are alive in the Lord,
and if we die, we die in the Lord.
So, then, whether we live or die,
we are the Lord's possession.

Happy from now on are those who die in the Lord! So it is, says the Spirit, for they rest from their labors.

The Presider then says

The Lord be with you.

People And also with you.

Presider Let us pray.

God of grace and glory, we remember before you this day our sister Julia. We thank you for giving her to us, her family, and friends, to know and to love as a companion on our earthly pilgrimage. In your boundless compassion, console us who mourn. Give us faith to see in death the gate of eternal life, so that in quiet confidence we may continue our course on earth, until, by your call, we are reunited with those who have gone before; through Jesus Christ our Lord.

People Amen.

§ Please be seated.

The Liturgy of the Word

From the Old Testament

Lamentations 3:22-26,31-33 read by Steve Mater

A Reading from the Book of Lamentations.

The steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning; great is your faithfulness.

"The Lord is my portion," says my soul, "therefore I will hope in him."

The Lord is good to those who wait for him, to the soul that seeks him.

It is good that one should wait quietly for the salvation of the Lord.

For the Lord will not reject forever.

Although he causes grief, he will have compassion according to the abundance of his steadfast love; for he does not willingly afflict or grieve anyone.

After each Lesson the Reader may say The Word of the Lord.

People Thanks be to God.

Psalm 106:1-5 Confitemini Domino (said by all)

1 Hallelujah!

Give thanks to the LORD, for he is good, * for his mercy endures for ever.

- 2 Who can declare the mighty acts of the LORD* or show forth all his praise?
- 3 Happy are those who act with justice * and always do what is right!
- 4 Remember me, O LORD, with the favor you have for your people, * and visit me with your saving help;
- 5 That I may see the prosperity of your elect and be glad with the gladness of your people, * that I may glory with your inheritance.

The Second Lesson is read, the Reader first saying

A Reading from the Second Letter of Paul to the Corinthians.

We do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day. For this slight momentary affliction is preparing us for an eternal weight of glory beyond all measure, because we look not at what can be seen but at what cannot be seen; for what can be seen is temporary, but what cannot be seen is eternal.

For we know that if the earthly tent we live in is destroyed, we have a building from God, a house not made with hands, eternal in the heavens. For in this tent we groan, longing to be clothed with our heavenly dwelling—if indeed, when we have taken it off we will not be found naked. For while we are still in this tent, we groan under our burden, because we wish not to be unclothed but to be further clothed, so that what is mortal may be swallowed up by life. He who has prepared us for this very thing is God, who has given us the Spirit as a guarantee.

So we are always confident; even though we know that while we are at home in the body we are away from the Lord–for we walk by faith, not by sight. Yes, we do have confidence, and we would rather be away from the body and at home with the Lord. So whether we are at home or away, we make it our aim to please him.

The Reader may say

The Word of the Lord.

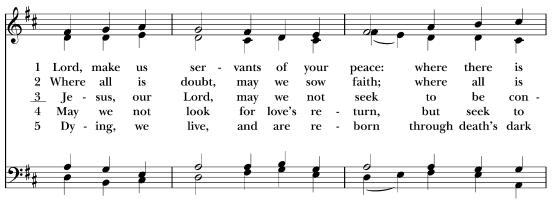
People Thanks be to God.

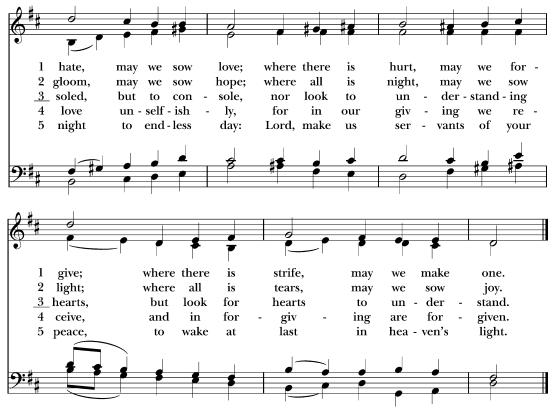
Reflections

Lorenzo Cavalletti, Michael Grundy

§ Please stand as you are able.

Hymn 593





Words: James Quinn (b. 1919), based on a prayer att. to St. Francis of Assisi (1182-1226). Copyright © James Quinn, SJ, printed by permission of Geoffrey Chapman, a division on Cassell Ltd. Music: *Dickinson College*, Lee Hastings Bristol, Jr. (1923-1979). Copyright © 1962, Theodore Presser Co. used by permission of the publisher.

§ Please remain standing for the reading of the Holy Gospel.

The Gospel John 10:11-16

The Deacon reads the Gospel, first saying

The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Jesus said, "I am the good shepherd. The good shepherd lays down his life for the sheep. The hired hand, who is not the shepherd and does not own the sheep, sees the wolf coming and leaves the sheep and runs away—and the wolf snatches them and scatters them. The hired hand runs away because a hired hand does not care for the sheep. I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father. And I lay down my life for the sheep. I have other sheep that do not belong to this fold. I must bring them also, and they will listen to my voice. So there will be one flock, one shepherd."

The Gospel of the Lord.

People Praise to you, Lord Christ.

§ Please be seated.

The Homily

The Very Reverend Penny Bridges

§ After a moment of silence, please stand as you are able for the Apostles' Creed.

Presider

In the assurance of eternal life given at Baptism, let us proclaim our faith and say,

Presider and People

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit

and born of the Virgin Mary.

He suffered under Pontius Pilate,

was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,

and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,

the holy catholic Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and the life everlasting. Amen.

The Prayers

The Deacon says

For our sister Julia, let us pray to our Lord Jesus Christ who said,

"I am Resurrection and I am Life."

Leader led by Jane Batarseh

Lord, you consoled Martha and Mary in their distress; draw near to us who mourn for Julia, and dry the tears of those who weep.

People Hear us, Lord.

You wept at the grave of Lazarus, your friend; comfort us in our sorrow.

Hear us, Lord.

You raised the dead to life; give to our sister eternal life.

Hear us, Lord.

You promised paradise to the thief who repented; bring our sister to the joys of heaven.

Hear us, Lord.

Our sister was washed in Baptism and anointed with the Holy Spirit; give her fellowship with all your saints.

Hear us, Lord.

She was nourished with your Body and Blood; grant her a place at the table in your heavenly kingdom.

Hear us, Lord.

Comfort us in our sorrows at the death of our sister; let our faith be our consolation, and eternal life our hope.

Silence may be kept.

The Presider concludes with the following prayer.

Lord Jesus Christ, we commend to you our sister Julia, who was reborn by water and the Spirit in Holy Baptism. Grant that her death may recall to us your victory over death, and be an occasion for us to renew our trust in your Father's love. Give us, we pray, the faith to follow where you have led the way; and where you live and reign with the Father and the Holy Spirit, to the ages of ages.

People Amen.

The Peace

Presider The Peace of the Lord be always with you.

People And also with you.

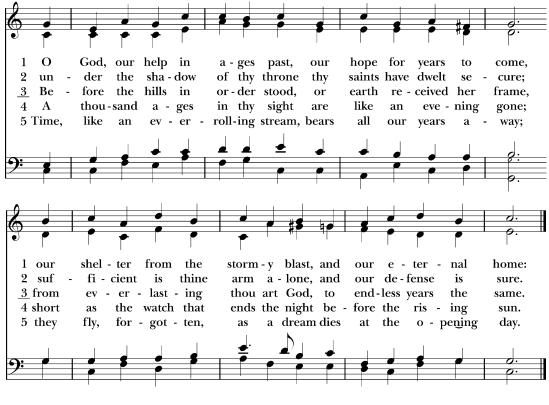
- § The People offer each other a sign of the Peace.
- § Please be seated.

The Welcome

At the Offertory

§ Please stand as able and join in singing the following hymn.

Offertory Hymn 680



6 O God, our help in ages past, our hope for years to come, be thou our guide while life shall last, and our eternal home.

Words: Isaac Watts (1674-1748), alt.; para. of Psalm 90. Music: St. Anne, melody att. William Croft (1678-1727), alt.; harm. William Henry Monk (1823-1889).

 \S Please remain standing as you are able.

The Holy Communion

The Great Thanksgiving Eucharistic Prayer B BCP 367

Presider The Lord be with you.

People And also with you.

Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

The Presider continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who rose victorious from the dead, and comforts us with the blessed hope of everlasting life. For to your faithful people O Lord, life is changed, not ended; and when our mortal body lies in death, there is prepared for us a dwelling place eternal in the heavens.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus (*Presider and People*)

Holy, holy Lord, God of power and might, heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The Presider continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Presider and People

We remember his death, We proclaim his resurrection, We await his coming in glory;

The Presider continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. *Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with the blessed Virgin Mary, blessed Paul and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **AMEN**.

And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer (Presider and People)

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

The Fraction: The Breaking of the Bread

A period of silence follows as the Bread is broken.

Presider Alleluia. Christ our Passover is sacrificed for us.

People Therefore let us keep the feast. Alleluia.

The Invitation

This is the table, not of the church but of Jesus Christ. It is made ready for those who love him and who want to love him more. So come, you who have much faith and you who have little; you who have been here often and you who have not been for a long time or ever before; you who have tried to follow and you who have failed; come, not because the Church invites you; it is Christ, and he invites you to meet him here.

The Iona Community Worship Book

The Invitation

Presider The gifts of God for the People of God.

After the Invitation has been given, please be seated until you are ushered to the communion stations at the Crossing. Please take your purse or valuables with you.

At Communion time we will offer the Host with the option to have it partially intincted (dipped) by the Eucharistic Minister into the wine and placed in the communicant's hand. For the time being we will not offer the option of drinking from the Common Cup. You may choose to receive only the dry Host or to receive a blessing instead of the sacrament.

As you come forward, please use one of these three gestures to indicate your preference:

- ❖ To receive the host with wine, extend both your hands, palm up.
- ❖ *To receive only the host, extend one hand, palm up.*
- ❖ To receive a blessing, cross your hands at your shoulders.

If you need to receive a gluten-free wafer, please go to the station at the extreme left.

At the Communion, Anthem

The Lord's my Shepherd *Gordon Jacob (1895-1984)*

The Lord's my Shepherd, I'll not want. He makes me down to lie in pastures green he leadeth me the quiet waters by. He leadeth me, he leadeth me the quiet waters by.

My soul he doth restore again, and me to walk doth make within the paths of blessedness, e'en for his own Name's sake. Within the paths of blessedness, e'en for his own name's sake.

Yea, though I pass thro' shadowed vale, yet will I fear no ill; for thou art with me, and thy rod and staff me comfort still. thy rod and staff me comfort still, me comfort still.

My table thou hast furnished in presence of my foes; my head with oil thou dost anoint, and my cup overflows.

My head thou dost with oil anoint, and my cup overflows.

Goodness and mercy all my days will surely follow me; and in my Father's heart alway my dwelling place shall be.

And in my heart for evermore thy dwelling place shall be.

[Text: Psalm 23]

§ After a moment of silence following the distribution of Communion, please stand as you are able.

Postcommunion Prayer

Presider Let us pray.

All Almighty God, we thank you that in your great love
you have fed us with the spiritual food and drink
of the Body and Blood of your Son Jesus Christ,
and have given us a foretaste of your heavenly banquet.
Grant that this Sacrament may be to us a comfort in affliction,
and a pledge of our inheritance in that kingdom
where there is no death,
neither sorrow nor crying,
but the fullness of joy with all your saints;
through Jesus Christ our Savior.
Amen.

The Commendation

§ The Presider and other ministers take their places at the Urn.

The Presider says

Give rest, O Christ, to your servant with your saints,

People where sorrow and pain are no more
neither sighing, but life everlasting.

The Presider continues

You only are immortal, the creator and maker of mankind; and we are mortal, formed of the earth, and to earth shall we return. For so did you ordain when you created me, saying, "You are dust, and to dust you shall return." All of us go down to the dust; yet even at the grave we make our song: Alleluia, alleluia, alleluia.

The Presider censes the Urn as the People say

Give rest, O Christ, to your servant with your saints, where sorrow and pain are no more, neither sighing, but life everlasting.

The Presider, facing the Urn, says

Into your hands, O merciful Savior, we commend your servant Julia. Acknowledge, we humbly beseech you, a sheep of your own fold, a lamb of your own flock, a sinner of your own redeeming. Receive her into the arms of your mercy, into the blessed rest of everlasting peace, and into the glorious company of the saints in light. *People* **Amen.**

The Presider then blesses the people

The God of peace, who brought again from the dead our Lord Jesus Christ, the great Shepherd of the sheep, through the blood of the everlasting covenant: Make you perfect in every good work to do his will, working in you that which is well pleasing in his sight; and the blessing of God Almighty, ♣ the Father, the Son, and the Holy Spirit, be among you, and remain with you always.

People Amen.

The Deacon may dismiss them, saying Let us go forth in the name of Christ. *People* **Thanks be to God.**

Organ Voluntary

Fugue in E-flat major ("St Anne"), BWV 552 Johann Sebastian Bach (1685-1750)

§ The Verger leads the procession from the church to the reception in the Guild Room.

Memorial donations may be made to:

St Paul's Cathedral 2728 Sixth Avenue San Diego, CA 92103 https://stpaulcathedral.org/give/

~or~

Doctors Without Borders USA
P.O. Box 5030
Hagerstown, MD 21741-5030
https://donate.doctorswithoutborders.org/secure/donate

Ministers of the Liturgy

PresiderThe Reverend Canon Allisyn ThomasHomilist & DeanThe Very Reverend Penny BridgesDeaconThe Reverend Canon Brooks Mason

Assisting The Reverend Tom Wilson

Canon Verger Canon Lisa Churchill
Urn Bearer Lorenzo Cavalletti

Readers Steve Mater, Kris Hatch

Reflections Lorenzo Cavalletti, Michael Grundy

PrayersJane BatarsehAltar ServerStacey KlamanThuriferJudy MacDonald

Vergers Cherie Dean, Almira Fort, Todd Hurrell, Stephanie Pierce,

Wanda Porrata

Sacristans Canon Konnie Dadmun, Emmajean Amann, Tom Barb,

Frances Doyle, Steve Mater, Joyce Vogel, Elaine Wolfe

Usher-in-Charge Canon Lucinda Parsons

Ushers Roxanne Perfect-Knight, Bob Reed, John Will

Choir Members of the Cathedral Choir

Organist & Choirmaster Canon Martin Green

Audio Visual Craig Monsell, Marshall Moore, Mike Thornburgh

In the unlikely event of an emergency requiring us to evacuate the cathedral please follow the directions of the ushers and vergers and remain as quiet and calm as possible.

The exit doors are:

- ❖ South porch doors at Nutmeg Street and Fifth Avenue
- ❖ North porch doors to Fifth Avenue Courtyard
- South transept east and west doors to Nutmeg Street and to chapel for stairs (to the left of chapel altar) leading down to exit to parking lot on Sixth Avenue.
- ❖ Northeast exit door to hallway to Fifth Avenue breezeway.

Please locate an exit nearest you.



Julia Brooks Gorman

8/20/43 - 2/28/25

Julia Brooks Gorman, of Del Mar, CA passed away on February 28th, 2025. Her battle with cancer was fought with determination and grace, an inspiration to us all.

Julia was born on August 20, 1943, during the war in Harrow in North London, England as the second child of Rupert and Heather Grundy. The Grundy family soon moved to Mansfield, then Wallasey, then Putney in London before finally settling in a small town in Northamptonshire called Brigstock in 1950.

Julia lived in numerous places in her early years. Her first marriage to Giacomo Cavalletti took them to London, Italy, France, Ireland, and Sweden. In 1974 in Stockholm, Sweden, Julia gave birth to a boy, Lorenzo. They moved once more in 1975, to New York. After separating from Giacomo, Julia and Lorenzo settled in Chappaqua, NY.

In 1980, at a neighbor's Christmas Eve party, Julia met John Gorman, an Australian physician. John had also emigrated to the U.S. and was raising 3 kids in New York City. They married in 1981, raising their four children together. Julia was an expert cook, creating exquisite meals and dinner parties for friends and family. Julia was active at St. Bartholomew's Episcopal church and worked with their homeless feeding program for years. Julia took a great interest in theatre in New York and was cast in leading roles in off-off Broadway plays. Julia was also a talented seamstress and designer of costumes for many productions. Not wanting to be a "golf widow" on the weekends, Julia decided to learn how to play, starting a lifelong passion and dedication to the game.

In 1999, Julia and John decided to move from Manhattan to Del Mar, California and exchanged their high-rise apartment for a house overlooking the Pacific Ocean. Julia created a fabulous home in Del Mar that became a destination for her kids and now grandkids, and she was now famously known as Nana. She joined St. Paul's Cathedral parish, became active in their Altar Guild and worked with Rachel's Women's Center, a homeless shelter for women in San Diego,

Over the years, she loved taking her 7 grandkids to the beach, to Morgan's Run golf club, out for an ice cream or some expedition - these were all known as "Nana Treats". Her positivity, her quest for balance in life and her spiritual growth during her California years became an inspiration for both her children and grandchildren and continues to this day.

Julia is survived by her husband John, son Lorenzo, stepchildren Elizabeth, John and Alex, seven grandchildren she adored, Sofia, Theo, Frankie, Eliza, Nella, Susanna and Lila, her brother and sister-in-law Mike and Gyl and numerous friends. She was preceded in death by her parents Rupert and Heather Grundy.

In lieu of flowers, the family suggests donations can be made to St. Paul's Cathedral or Doctors without Borders.

Julia wished for no sadness around her passing – encouraging us to remember the good times. May she be remembered for the love and light she brought into the lives of everyone who knew her.

