

What's Needed to Help Us Support New Refugee Families

Note: This is the complete list provided to RefugeeNet by Episcopal Migration Ministries; our **priority** right now is to assist with acquisition of furniture, kitchen and other household items and supplies, etc. Once we have more information about the composition of "our" family, we will be trying to assist with clothing and baby/child needs, as appropriate. Closer to the date, we can work with RefugeeNet on ensuring food for the first few days. Later there will be opportunities for more personal, hands-on involvement to assist families with acclimation to their new life in San Diego.

If you have items to donate, would like more information, or are considering a cash donation to support this vital refugee assistance program, please contact Joan Reese at jmreese@gmail.com or (858) 663-8828. We want to make sure that your check is directed properly and will be appropriately acknowledged.

Furniture

- Mattress and box spring (*per person; only married couples or small children of same gender may be expected to share beds*)
- Bed frame (*per bed*)
- One set of drawers, shelves, etc. appropriate for storage of clothing (*per bedroom*)
- One couch or equivalent seating per family (in addition to kitchen chairs)
- One lamp per room, unless installed lighting is present and adequate, and light bulbs as needed
- Kitchen Table
- Kitchen Chairs

Kitchen Items

- One place setting of tableware (fork, knife, spoon) per person
- One place setting of dishes (plate, bowl, cup) per person
- Pots and pans: at least one saucepan, one large pot, one frying pan, and one baking dish
- Mixing/serving bowls
- Kitchen utensils (spatula, wooden spoon, knife, serving utensils, etc.)
- Can opener

Linens & Other Household Supplies

- One bath towel per person
- One set of sheets for each bed
- Blanket(s) or comforter(s) for each bed
- One pillow & pillowcase for each person
- Alarm clock (phone is sufficient)
- Paper, pens, and/or pencils

Toiletries (new)

- Toilet paper (list number of rolls)
- Shampoo
- Soap
- One toothbrush per person
- Toothpaste

- Deodorant
- Feminine hygiene items

Cleaning Supplies

- Dish soap
- Bathroom/kitchen cleaner
- Laundry detergent
- Sponges, cleaning rags, and/or paper towels
- Wastebaskets (1 for kitchen, 1 per bathroom) Trash bags (list number of boxes)
- Mop or broom

Baby Items (if applicable)

- Baby food
- Clothing
- Diapers
- Car seat/booster seat (children under 8 – see state guidelines)
- Crib (children under 3)
- Baby gate (as applicable)

Other Items and Food

- Appropriate seasonal clothing for work, school (uniforms if necessary) and everyday use for each family member: *Clean clothing, in good condition, for all members of the family (including proper footwear)*
- Food available on arrival: *Culturally appropriate, ready-to-eat food, plus one day's worth of additional food supplies and staples (including baby food, as needed)*
- Food within one day of arrival: *Food or food allowance at least equivalent to the SNAP/food stamp allocation for that family unit and continued food assistance until receipt of SNAP/food stamps or until individual/family can provide food for themselves*
- Additional items appropriate to family size and composition: *For example, large families should receive enough cookware to prepare a meal for all individuals; additional plates and utensils may be appropriate for a single individual.*

After Arrival

- Transportation to appointments
- Offer guidance, support, and friendship as these families adjust to their new environment
- Help with language, job searches, school enrollment, and cultural integration