



ST PAUL'S CATHEDRAL  
E P I S C O P A L

The Eleventh Sunday after Pentecost:  
Proper 13

August 4, 2024  
8:00 a.m.

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Whoever you are, and wherever you find yourself on the journey of faith,  
we welcome you and invite your full participation in today's worship.

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*As a courtesy to others, please silence electronic devices.*

*For the link to the webpage with the announcements and bulletins, use this QR code:*

*Services are regularly streamed and recorded and you can find them:*

<http://www.stpaulcathedral.org/watch>

*If you're interested in more information about the cathedral's ministries,*

*we would like to hear from you: <http://stpaulcathedral.org/im-new/>*

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St. Paul's Cathedral acknowledges that we gather on unceded Kumeyaay land. We value the knowledge, culture, and worldview of Indigenous people. We commit to the vital work of educating ourselves, increasing community awareness, and promoting reconciliation with our Indigenous neighbors. As we examine actions and practices that perpetuate harm against Indigenous communities, we pledge to work toward a meaningful and respectful relationship as we follow their example in honoring this sacred land. - *Approved by the Cathedral Chapter, May 2023*

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*Kneelers are available in the back of the church: please bring one to your seat if you wish to kneel during the service.*

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*Flowers are given to the glory of God and in celebration of the marriage of  
Brooke West and Michael Blake.*

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## **The Holy Eucharist: Rite Two**

The Book of Common Prayer (BCP) page 355

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§ *Please stand as you are able at the tolling of the bell.*

### **The Word of God**

#### **Opening Acclamation**

BCP 355

§ *The Presider says*

Blessed be God: Father, Son, and Holy Spirit.

*People* **And blessed be God's kingdom, now and for ever. Amen.**

*Presider*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

*People* **Amen.**

*All remain standing as able, a song of praise is said.*

*The Presider and people say together*

**Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

## The Collect of the Day

*The Presider says to the people*

The Lord be with you.

*People*           **And also with you.**

*Presider*       Let us pray.

*The Presider says the Collect.*

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

§       *Please be seated.*

## The Lessons

*The First Lesson is read, the Reader first saying*

A Reading from the Second Book of Samuel.

2 Samuel 11:26—12:13a

When the wife of Uriah heard that her husband was dead, she made lamentation for him. When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son.

But the thing that David had done displeased the LORD, and the LORD sent Nathan to David. He came to him, and said to him, "There were two men in a certain city, the one rich and the other poor. The rich man had very many flocks and herds; but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meager fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. Now there came a traveler to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him." Then David's anger was greatly kindled against the man. He said to Nathan, "As the LORD lives, the man who has done this deserves to die; he shall restore the lamb fourfold, because he did this thing, and because he had no pity." Nathan said to David, "You are the man! Thus says the LORD, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; I gave you your master's house, and your master's wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. Why have you despised the word of the LORD, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. Thus says the LORD: I will raise up trouble against you

from within your own house; and I will take your wives before your eyes, and give them to your neighbor, and he shall lie with your wives in the sight of this very sun. For you did it secretly; but I will do this thing before all Israel, and before the sun." David said to Nathan, "I have sinned against the LORD."

*After each Lesson the Reader may say*

The Word of the Lord.

*Answer*      **Thanks be to God.**

Psalm 51:1-13      *Miserere mei, Deus*    (*said by all*)

BCP 656

- 1 **Have mercy on me, O God, according to your loving-kindness; \*  
in your great compassion blot out my offenses.**
- 2 **Wash me through and through from my wickedness \*  
and cleanse me from my sin.**
- 3 **For I know my transgressions, \*  
and my sin is ever before me.**
- 4 **Against you only have I sinned \*  
and done what is evil in your sight.**
- 5 **And so you are justified when you speak \*  
and upright in your judgment.**
- 6 **Indeed, I have been wicked from my birth, \*  
a sinner from my mother's womb.**
- 7 **For behold, you look for truth deep within me, \*  
and will make me understand wisdom secretly.**
- 8 **Purge me from my sin, and I shall be pure; \*  
wash me, and I shall be clean indeed.**
- 9 **Make me hear of joy and gladness, \*  
that the body you have broken may rejoice.**
- 10 **Hide your face from my sins \*  
and blot out all my iniquities.**
- 11 **Create in me a clean heart, O God, \*  
and renew a right spirit within me.**
- 12 **Cast me not away from your presence \*  
and take not your holy Spirit from me.**

**13 Give me the joy of your saving help again \*  
and sustain me with your bountiful Spirit.**

*The Second Lesson is read, the Reader first saying*

A Reading from the Letter of Paul to the Ephesians.

Ephesians 4:1-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift.

Therefore it is said,

"When he ascended on high he made captivity itself a captive;  
he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

*The Reader may say*

The Word of the Lord.

*Answer*

**Thanks be to God.**

§

*Please stand as able when the Presider stands.*

## The Holy Gospel

John 6:24-35

*The Deacon reads the Gospel, first saying*

The Holy Gospel of our Lord Jesus Christ according to John.

*People*           **Glory to you, Lord Christ.**

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The Gospel of the Lord.

*People*           **Praise to you, Lord Christ.**

§       *Please be seated at the introduction of the sermon.*

## The Sermon

The Very Reverend Penny Bridges

§       *After a moment of silence, please stand as able.*

## The Nicene Creed

BCP 358

*Presider*

Let us stand and proclaim our faith in the words of the Nicene Creed.

*(Presider and people)*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

### The Prayers of the People Form III

BCP 387

*The Deacon bids the prayers.*

Let us pray for the Church and for the world.

*The Leader and People pray responsively.*

Father, we pray for your holy catholic Church;

People      **That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;  
**That your Name may be glorified by all people.**

We pray for all bishops, priests, and deacons;  
**That they may be faithful ministers of your Word and Sacraments.**

We pray for the welfare of the world; for your creation, and for all who govern and hold authority in the nations of the world;  
**That there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake;  
**That our works may find favor in your sight.**

Have compassion on the unsheltered and refugees, and on all who suffer from any grief or trouble;  
**That they may be delivered from their distress.**

Give to the departed eternal rest.  
**Let light perpetual shine upon them.**

*The Intercessor offers prayers on behalf of the congregation and bids their prayers.*

We praise you for your saints who have entered into joy;  
**May we also come to share in your heavenly kingdom.**

Let us pray for our own needs and those of others.

*The Intercessor offers prayers on behalf of the congregation and bids their prayers.*

We thank you, Lord, for all the blessings of this life.

*The Intercessor offers thanksgivings on behalf of the congregation and bids their prayers.*

*Silence*

*The Presider says the concluding prayer for Election Season*

Almighty God, to whom we must account for all our powers and privileges: Guide the people of the United States as we prepare for the election of officials and representatives; grant that we may be a people at peace among ourselves and an example to the world of the peaceful transfer of power; and that, by faithful administration and wise laws, the rights of all may be protected and this nation be enabled to fulfill your purposes; through Jesus Christ our Lord. **Amen.**

## **Confession of Sin**

BCP 360

*The Deacon says to the People*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*



*Deacon and People together*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*The Presider says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

### **The Peace**

*Presider*      The peace of the Lord be always with you.  
*People*        **And also with you.**

§      *The People offer each other a sign of the Peace.*

### **Welcome and announcements**

## **The Holy Communion**

BCP 361

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The Offertory

*You may give online now by using your phone's camera to scan the quick response code:*



*or text stpaulcathedral to 73256 using your cell phone. Thank you!*

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§ Please stand as able for the offering to be brought forward. The ushers present the money offering to the deacon.

*The Presider may say*

All things come of thee, O Lord,

*The People may say*

**and of thine own have we given thee.** (2 Chronicles 29:14)

*Please remain standing for the Great Thanksgiving.*

**The Great Thanksgiving** *Eucharistic Prayer B*

BCP 367

*Presider* The Lord be with you.

*People* **And also with you.**

*Presider* Lift up your hearts.

*People* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

*People* **It is right to give our thanks and praise.**

*The Presider continues*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Sanctus** (*Presider and People*)

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*The Presider continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you.

In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

*Presider and People*

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*The Presider continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being ✠ sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with the blessed Virgin Mary, blessed Paul, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**The Lord's Prayer** (*Presider and People*)

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.**

### **The Fraction: The Breaking of the Bread**

*A period of silence follows as the Bread is broken.*

*Presider* Alleluia. Christ our Passover is sacrificed for us.

*People* **Therefore let us keep the feast. Alleluia.**

### **The Invitation**

This is the table, not of the church but of Jesus Christ. It is made ready for those who love him and who want to love him more. So come, you who have much faith and you who have little; you who have been here often and you who have not been for a long time or ever before; you who have tried to follow and you who have failed; come, not because the Church invites you; it is Christ, and he invites you to meet him here.

- *The Iona Community Worship Book*

*Presider* The Gifts of God for the People of God.

*After the Invitation has been given, please be seated until you are ushered to the communion stations at the Crossing. Please take your purse or valuables with you.*

*At Communion time we will offer the Host with the option to have it partially intincted (dipped) by the Eucharistic Minister into the wine and placed in the communicant's hand. For the time being we will not offer the option of drinking from the Common Cup. You may choose to receive only the dry Host or to receive a blessing instead of the sacrament.*

*As you come forward, please use one of these three gestures to indicate your preference:*

❖ *To receive the host with wine, extend both your hands, palm up.*

❖ *To receive only the host, extend one hand, palm up.*

❖ *To receive a blessing, cross your hands at your shoulders*

*If you need to receive a gluten-free wafer, please go to the station at the extreme left.*

§ *After a moment of silence following the distribution of communion, please stand as you are able for the following prayer*

**The Postcommunion Prayer**

BCP 365

*Presider* Let us pray.

*All* **Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

*The Deacon may send forth the Lay Eucharistic Minister(s) with a prayer.*

*The Presider may bless the people.*

The blessing of God Almighty, ✠ the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

*The Deacon dismisses them with these words*

Let us bless the Lord.

*People* **Thanks be to God.**

§ *The clergy, altar party, and people depart.*

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## **Ministers of the Liturgy**

*Presider:* The Reverend Canon Richard Hogue, Jr.

*Preacher & Dean:* The Very Reverend Penny Bridges

*Deacon:* The Reverend Canon Brooks Mason

*Reader:* Steve Mater

*Head Verger:* Canon Lisa Churchill

*Altar Server:* Danni Arregui

*Altar Guild:* Joanna Airhart, Rew Carne, Cherie Dean, Almira Fort, Jack Hayman,  
Todd Hurrell, Phyllis Lengyel, Paula Peeling, Scott Strickland

*Usher-in-charge:* Rich Davis

*Ushers:* Christie Batten, Norm Friesen, Carl Mattina, Mary Rathbun

*Cathedral audio:* Tom Merrick

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*In the unlikely event of an emergency requiring us to evacuate the cathedral please follow the directions of the ushers and vergers and remain as quiet and calm as possible.*

*Please locate an exit nearest you.*

*The exit doors are:*

- *South porch doors at Nutmeg Street and Fifth Avenue*
- *North porch doors to Fifth Avenue Courtyard*
- *South transept east and west doors to Nutmeg Street*
- *Northeast hallway door to Fifth Avenue breezeway*
- *West chapel (to the left of chapel altar) stairs leading down to landing.*

# The Music Center Campaign

*“Strengthening community, connecting neighbors, and broadening outreach through music.”*

The \$2.5M Music Center Campaign will create a single space that centralizes all components of our music program—currently dispersed across four different levels throughout campus and without a dedicated rehearsal space—and broaden our community outreach abilities, just as the Guild Room and other spaces on campus do now, but with a special emphasis on the music and arts component of our mission and ministry. It is through faith and our collective generosity as a congregation, and as a community, that we will bring our vision of the Music Center to life. We invite you to make your contribution today and help create something truly remarkable.

Beginning in May, The Parker Foundation is challenging new donors to match their \$25,000 gift to the campaign! Please indicate your desire to have your gift matched by Parker by marking “Parker Match” in the memo line of your check or on the Music Center donation page.

For more information and to make your contribution to The Music Center Campaign visit the Campaign Website.

[stpaulcathedral.org/music-center](http://stpaulcathedral.org/music-center)

Roberta Price, Campaign Assistant  
[mgcadmin@stpaulcathedral.org](mailto:mgcadmin@stpaulcathedral.org) 619.298.7261 ext 228



03.21.2023  
St. Paul's Cathedral

domusstudio architecture  
Music

## August 4, 2024 – Pentecost 11 (B) Your Guide to the DFMS, Part 10

*Throughout the summer, our bulletin inserts will feature resources available to you, your ministry, your congregation, and your diocese from the Domestic and Foreign Missionary Society – the formal, incorporated name for The Episcopal Church. Learn more by scanning each department’s QR code or visit [iam.ec/teguide](http://iam.ec/teguide).*

**The United Thank Offering (UTO)** is a ministry of The Episcopal Church for the mission of the whole church. Through UTO, individuals are invited to embrace a personal, spiritual discipline of gratitude. UTO encourages people to notice the good things that happen each day, give thanks to



God for those blessings, and make an offering for each blessing. UTO is entrusted to receive and distribute 100% of the offerings to support innovative mission and ministry throughout The Episcopal Church and Anglican Communion.

**Access** our numerous and varied gratitude-themed resources.

**Register** your gratitude for the blessings of your life through a gift to the United Thank Offering.

**Apply** for United Thank Offering grants.

**The Way of Love** is a way of life. More than a program or curriculum, it is a return to the ancient pathways and Rules of Life that followers of Jesus have observed for centuries. They knew the



power of commitment to a core set of practices—turn, learn, pray, worship, bless, go, rest—and the power of gathering in a small group where you find love and support for living into these commitments.

**Use** “My Way of Love” to guide your spiritual life.

**Review** the Way of Love Starter Pack.

**Watch** “Traveling the Way of Love” with your small group.

**Listen** to the “Way of Love” podcast.

**Build** an intentional small-group ministry in your congregation.

**The Office of Young Adult and Campus Ministries** supports ministries of, to, and with young adults (ages 18-30) both on and off college campuses through the communities, resources and networks of The Episcopal Church. Through leadership development, networking across the church, gathering online and in person, and offering support through each diocese and province, we strive to create a community of leaders and young adults engaged in mission and ministry together. Youth ministry calls for passion, patience, and faithfulness—



pointing out the sacred in the midst of the chaos of adolescence and walking faithfully with young people as they transition from child to young adult. Youth ministry is a bridging ministry of education, connection, formation, and hopefully, transformation. Learn about offerings from **the Office of Youth Ministries** below.

**Learn** more about the vital work of young adult and campus ministries.

**Invite** young adults to find new faith communities.

**Connect** with young adult and campus ministers at the annual leadership conference.

**Sign up** for Episcopal Youth Ministry Network News.

**Meet** the 2024 GCOYP members and learn more about the joy of EYE/EJE.