



ST PAUL'S CATHEDRAL
E P I S C O P A L

The Third Sunday after the Epiphany
The Holy Eucharist:
Rite Two

January 21, 2024
10:30 a.m.

Whoever you are, and wherever you find yourself on the journey of faith,
we welcome you and invite your full participation in today's worship.

As a courtesy to others, please silence electronic devices.

For the link to the webpage with the announcements and bulletins, use this QR code:

Services are regularly streamed and recorded and you can find them:

<http://www.stpaulcathedral.org/watch>

*If you're interested in more information about the cathedral's ministries,
we would like to hear from you: <http://stpaulcathedral.org/im-new/>*



St. Paul's Cathedral acknowledges that we gather on unceded Kumeyaay land. We value the knowledge, culture, and worldview of Indigenous people. We commit to the vital work of educating ourselves, increasing community awareness, and promoting reconciliation with our Indigenous neighbors. As we examine actions and practices that perpetuate harm against Indigenous communities, we pledge to work toward a meaningful and respectful relationship as we follow their example in honoring this sacred land. - Approved by the Cathedral Chapter, May 2023

Organ Voluntary

Prélude, Fugue, et Variation
César Franck (1822-1890)

Welcome and announcements

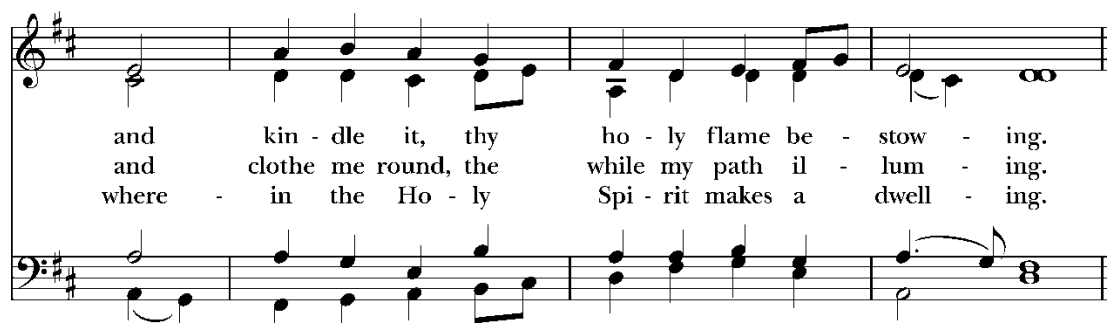
§ Please stand as you are able for the tolling of the bell.

Hymn 516

1 Come down, O Love di - vine, seek thou this soul of mine,
2 O let it free - ly burn, till earth - ly pas - sions turn
3 And so the yearn - ing strong, with which the soul will long,

and vis - it it with thine own ar - dor glow - ing;
to dust and ash - es in its heat con - sum - ing;
shall far out - pass the power of hu - man tell - ing;

O Com - fort - er, draw near, with - in my heart ap - pear,
and let thy glo - rious light shine ev - er on my sight,
for none can guess its grace, till Love cre - ate a place

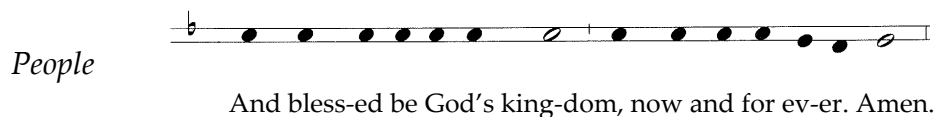
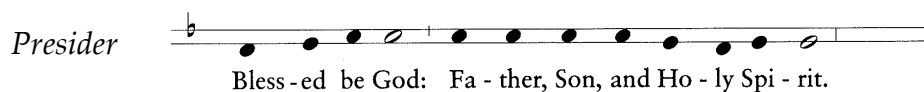


Words: Bianco da Siena (d. 1434?); tr. Richard Frederick Littledale (1833-1890), alt. Music: *Down Ampney*, Ralph Vaughan Williams (1872-1958). By permission of Oxford University Press.

The Word of God

Opening Acclamation

S 76



Presider

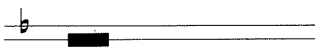
Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

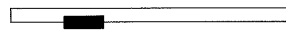
The Gloria (choir) *from Missa Brevis in G.* Josef Gabriel Rheinberger (1839-1901)


Gloria in excelsis Deo. Et in terra pax hominibus bonae voluntatis. Laudamus te. Benedicimus te. Adoramus te. Glorificamus te. Gratias agimus tibi propter magnam gloriam tuam. Domine Deus, Rex coelestis, Deus Pater omnipotens. Domine Fili unigenite, Jesu Christe. Domine Deus, Agnus Dei, Filius Patris. Qui tollis peccata mundi, miserere nobis. Qui tollis peccata mundi, suscipe deprecationem nostram. Qui sedes ad dexteram Patris, miserere nobis. Quoniam tu solus sanctus. Tu solus Dominus. Tu solus Altissimus, Jesu Christe, cum Sancto Spiritu, in gloria Dei Patris. Amen.

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect of the Day

Presider 
The Lord be with you.

People 
And also with you.

Presider 
Let us pray.

Presider

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

§ *Please be seated.*

The Lessons

The First Lesson is read, the Reader first saying

A Reading from the Book of Jonah.

Jonah 3:1-5, 10

The word of the LORD came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

After each Lesson the Reader may say

The Word of the Lord.

People **Thanks be to God.**

- 6 For God alone my soul in silence waits; *
truly, my hope is in him.
- 7 He alone is my rock and my salvation, *
my stronghold, so that I shall not be shaken.
- 8 In God is my safety and my honor; *
God is my strong rock and my refuge.
- 9 Put your trust in him always, O people, *
pour out your hearts before him, for God is our refuge.
- 10 Those of high degree are but a fleeting breath, *
even those of low estate cannot be trusted.
- 11 On the scales they are lighter than a breath, *
all of them together.
- 12 Put no trust in extortion;
in robbery take no empty pride; *
though wealth increase, set not your heart upon it.
- 13 God has spoken once, twice have I heard it, *
that power belongs to God.
- 14 Steadfast love is yours, O Lord, *
for you repay everyone according to his deeds.

The Second Lesson is read, the Reader first saying

A Reading from the First Letter of Paul to the Corinthians. 1 Corinthians 7:29-31

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

The Reader may say

The Word of the Lord.

Answer **Thanks be to God.**

§ *Please stand as able when the Presider stands.*

Alleluia Verse (*Cantor, then all repeat*)

Alleluia. Alleluia. Alleluia.

**The kingdom of God / is near,*
repent and / believe the Gospel.**

Alleluia. Alleluia. Alleluia.

The Holy Gospel

Mark 1:14-20

The Deacon reads the Gospel, first saying

The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

After John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

§ *Please be seated at the introduction of the sermon.*

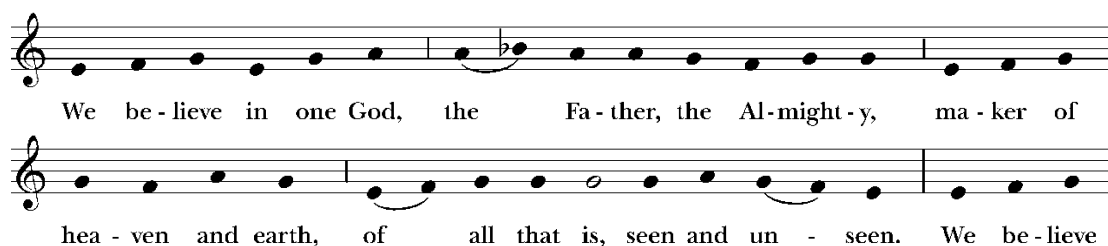
The Sermon


The Rev. Cn. Richard Hogue, Jr.

§ *After a moment of silence, please stand as able for the Nicene Creed.*

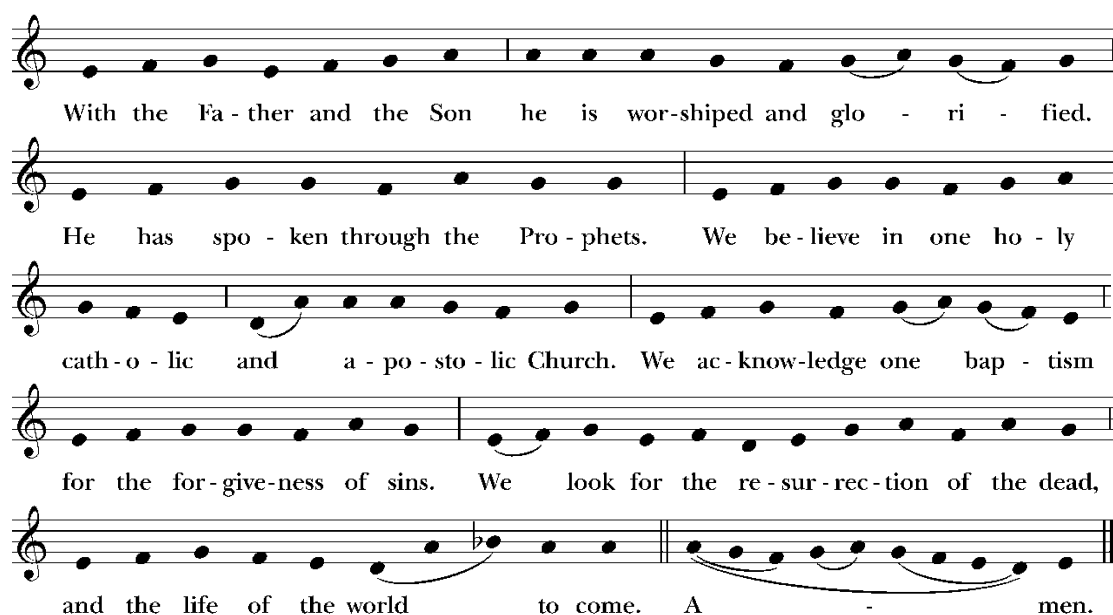
The Nicene Creed

(Sung by all)





in one Lord, Je - sus Christ, the on - ly Son of God, e - ter - nal - ly
be - got - ten of the Fa - ther, God from God, Light from Light, true God
from true God, be - got - ten, not made, of one Be - ing with the Fa - ther.
Through him all things were made. For us and for our sal - va - tion
he came down from hea - ven: by the pow - er of the Ho - ly Spi - rit
he be - came in - car - nate from the Vir - gin Ma - ry, and was made man.
For our sake he was cru - ci - fied un - der Pon - tius Pi - late;
he suf - fered death and was bur - ied. On the third day he rose a - gain
in ac - cord - ance with the Scrip - tures; he a - scend - ed in - to hea - ven
and is seat - ed at the right hand of the Fa - ther. He will come a -
gain in glo - ry to judge the liv - ing and the dead, and his king - dom
will have no end. We be - lieve in the Ho - ly Spi - rit, the Lord,
the giv - er of life, who pro - ceeds from the Fa - ther and the Son.



Music: Plainsong, Mode 4; Credo I; adapt. Mason Martens (1933-1991). Copyright © 1984 Mason Martens.

The Prayers of the People

In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.

The Deacon bids the prayers.

Let us pray for the Church and for the world.

The Leader and People pray responsively.

God of love, we pray for your church: For Michael, our Presiding Bishop; Susan, our bishop; for all lay and ordained ministers; and for all who seek you in the community of the faithful. Equip us with compassion and love, to carry out your work of reconciliation in the world. God of love,

People **Hear our prayers for the church.**

Silence

God of freedom, we pray for our nation, and all the nations of the world: For peace and unity across barriers of language, color, and creed; for elected and appointed leaders, that they would serve the common good. Inspire all people with courage to speak out against hatred, to actively resist evil. Unite the human family in bonds of love.

God of freedom,

People **Hear our prayers for the world.**

Silence

God of justice, we pray for the earth, your creation entrusted to our care: For the animals and birds, the mountains and oceans, and all parts of your creation that have no voice of their own. Stir up in us a thirst for justice that protects the earth and all its resources, that we may leave to our children's children the legacy of beauty and abundance that you have given us.

God of justice,

People **Hear our prayers for the earth.**

Silence

God of peace, we pray for this community: For our local leaders; for our schools and markets; for our neighborhoods and workplaces. Kindle in every heart a desire for equality, respect, and opportunity for all. Give us courage to strive for justice and peace among all people, beginning here at home.

God of peace,

People **Hear our prayers for this community.**

Silence

God of mercy, we pray for all in any kind of need or trouble: For those whose lives are closely linked with ours, and those connected to us as part of the human family. For refugees and prisoners; for the unsheltered; for the sick and suffering, the lonely and despairing; for those facing violence; for all held down by prejudice or injustice. Awaken in us compassion and humility of spirit, as we seek and serve Christ in all persons. We pray for [*the Leader offers prayers on behalf of the congregation*].

God of mercy,

People **Hear our prayers for all who are in need.**

Silence

God of grace, we pray for those who have died: For the faithful in every generation who have worked for justice; for prophets who called us to racial reconciliation; for martyrs who died because of hatred; and for all the communion of saints. Make us faithful to your call to proclaim your Good News, by word and example, and bring us at last into the glorious company of the saints in light. We pray for [*the Leader offers prayers on behalf of the congregation*].

God of grace,

People **Hear our prayers for those who have died.**

Silence

The Presider says the concluding Collect

Hear our prayers, Holy God. Breathe your Spirit over us and all the earth, that barriers would crumble and divisions cease. Make us more fully your co-healers of the broken world. Unite us with all people in bonds of love, that the whole earth and all its peoples may be at peace; through Jesus Christ our Lord. **Amen.**

Confession of Sin

The Deacon says to the People

Let us confess our sins against God and one another.

Silence may be kept.

Deacon and People together

Almighty God, Source of all that is, Giver of every good gift:

You create all people in your image

and call us to love one another as you love us.

We confess that we have failed to honor you

in the great diversity of the human family.

We have desired to live in freedom,

while building walls between ourselves and others.

We have longed to be known and accepted for who we are,

while making judgements of others based on the color of skin,

or the shape of features, or the varieties of human experience.

We have tried to love our neighbors individually

while yet benefitting from systems that hold those same neighbors

in oppression.

Forgive us, Holy God.

Give us eyes to see you as you are revealed in all people.

Strengthen us for the work of reconciliation rooted in love.

Restore us in your image,

to be beloved community,

united in our diversity,

even as you are one with Christ and the Spirit,

Holy and undivided Trinity, now and for ever. Amen.

The Presider says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Presider The peace of the Lord be always with you.
People **And also with you.**

§ *The People offer each other a sign of the Peace.*

§ *Please be seated.*

The Offertory

You may give online now by using your phone's camera to scan the quick response code:



or text stpaulcathedral to 73256 using your cell phone. Thank you!

The Holy Communion

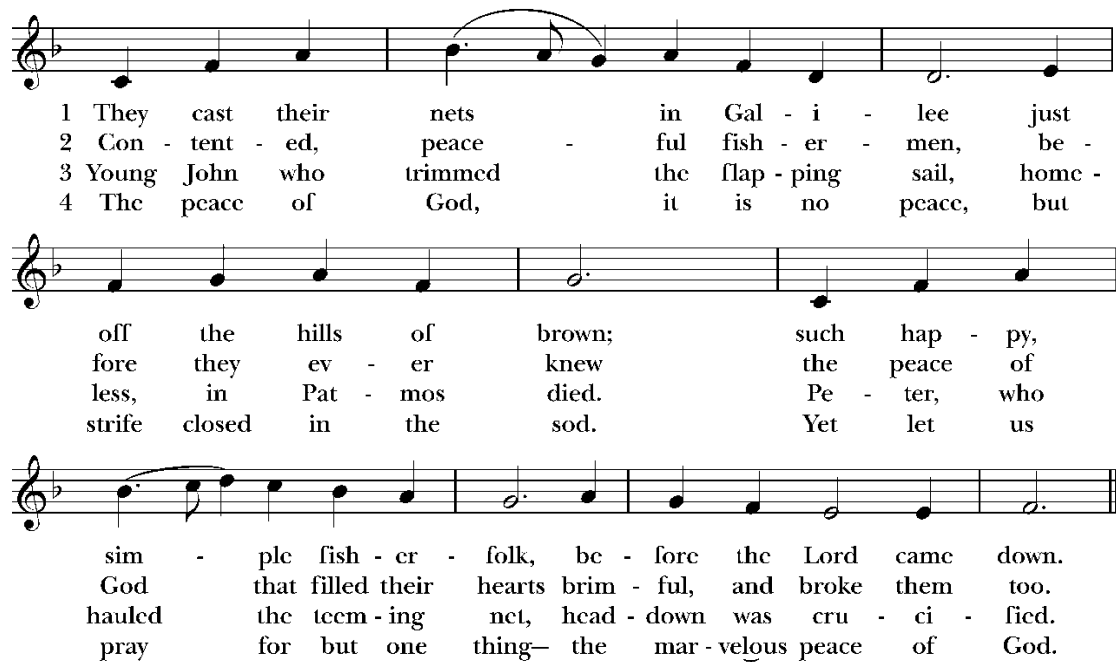
At the Offertory, Anthem

The eyes of all wait upon thee
Jean Berger (1909-2002)

The eyes of all wait upon thee; and thou givest them their meat in due season. Thou openest thine hand, and satisfiest the desire of every living thing.

§ Please stand as able for the following hymn.

Hymn 661



1 They cast their nets in Gal - i - lee just
2 Con - tent - ed, peace - ful fish - er - men, be -
3 Young John who trimmed the flap - ping sail, home -
4 The peace of God, it is no peace, but

off the hills of brown; such hap - py,
fore they ev - er knew the peace of
less, in Pat - mos died. Pe - ter, who
strife closed in the sod. Yet let us

sim - ple fish - er - folk, be - fore the Lord came down.
God that filled their hearts brim - ful, and broke them too.
hauled the tecm - ing net, head - down was cru - ci - fied.
pray for but one thing— the mar - velous peace of God.

Words: William Alexander Percy (1885-1942), alt. Copyright by Edward B. Marks Music Corporation. Used with permission.
Music: *Georgetown*, David McKinley Williams (1887-1978). Copyright © The Church Pension Fund.

§ Please remain standing as able for the Great Thanksgiving.

Presider *People*
The Lord be with you. And al - so with you.

Presider *People*
Lift up your hearts. We lift them to the Lord.

Presider
Let us give thanks to the Lord our God.

People
It is right to give our thanks and praise.

The Presider continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Holy, holy, holy Lord Sanctus (*Presider and People*)

S 129

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and
might, hea - ven and earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the high - est. _____

The musical score is written on four staves in G major (one sharp) and 4/4 time. It features a melody for the Presider and People. The lyrics are: 'Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and earth are full of your glo - ry. Ho - san - na in the high - est. Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est. _____'. There are three triplets marked with a '3' and a bracket: the first triplet is on 'heaven', the second on 'san - na', and the third on 'Ho - san - na'.

Music: Robert Powell (b. 1932). Setting: Copyright © Church Publishing Inc.

The Presider continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Presider and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Presider continues

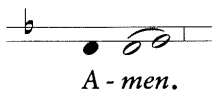
And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being ✠ sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with the blessed Virgin Mary, blessed Paul, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

Presider and People



And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer (*Presider and People*)

S 119

Our Fa - ther, who art in hea - ven, hal - low - ed
be thy Name, thy king - dom come, thy will be done,
on earth as it is in hea - ven. Give us this day our
dai - ly bread. And for - give us our tres - pas - ses,
as we for - give those who tres - pass a - gainst us. And lead
us not in - to temp - ta - tion, but de - liv - er us
from e - vil. For thine is the king - dom, and the power,
and the glo - ry, for ev - er and ev - er. A - men.

Setting: Plainsong; adapt. Charles Winfred Douglas (1867-1944)


The Fraction: The Breaking of the Bread

A period of silence follows as the Bread is broken.

Fraction Anthem: My flesh is food indeed

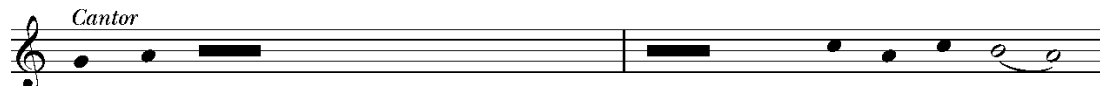
S 168

Antiphon
Cantor; then All



My flesh is food in-deed, and my blood is drink in - deed, says the Lord.

Cantor



Those who eat my flesh and drink my blood dwell in me and I in them. [Ant.]

Music: Ambrosian chant; adapt. Mason Martens (1933-1991). Copyright © 1971 Mason Martens.

The Invitation

This is the table, not of the church but of Jesus Christ. It is made ready for those who love him and who want to love him more. So come, you who have much faith and you who have little; you who have been here often and you who have not been for a long time or ever before; you who have tried to follow and you who have failed; come, not because the Church invites you; it is Christ, and he invites you to meet him here.

[The Iona Community Worship Book]

Presider The Gifts of God for the People of God.

After the Invitation has been given, please be seated until you are ushered to the communion stations at the Crossing. Please take your purse or valuables with you.

At Communion time we will offer the Host with the option to have it partially intincted (dipped) by the Eucharistic Minister into the wine and placed in the communicant's hand. For the time being we will not offer the option of drinking from the Common Cup. You may choose to receive only the dry Host or to receive a blessing instead of the sacrament.

As you come forward, please use one of these three gestures to indicate your preference:

- ❖ *To receive the host with wine, extend both your hands, palm up.*
- ❖ *To receive only the host, extend one hand, palm up.*
- ❖ *To receive a blessing, cross your hands at your shoulders*

If you need to receive a gluten-free wafer, please go to the station at the extreme left.

At the Communion, Agnus Dei (choir) from *Missa Brevis in G*

Rheinberger

Agnus Dei, qui tollis peccata mundi, miserere nobis. Agnus Dei, qui tollis peccata mundi, miserere nobis. Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: grant us peace.

Anthem

Ave verum corpus
William Byrd (1543-1623)

Ave verum corpus natum de Maria Virgine, vere passum immolatum in cruce pro homine: cuius latus perforatum unda fluxit sanguine: esto nobis praegustatum mortis in examine. O dulcis, o pie, o Jesu, fili Mariae, miserere mei. Amen.

Hail, thou most true Body, of the Virgin Mary born for all, Thou who truly hung on the cross, Thou whose sacred side was wounded, from whence the streams did flow; be to us the foretaste as we ponder our mortality. O sweet one, O holy one, O Jesus, son of Mary: Have mercy on me. Amen.

[text: 14th Century Latin Eucharistic Hymn]

§ *After a moment of silence, please stand as you are able for the following prayer*

The Postcommunion Prayer

Presider Let us pray.

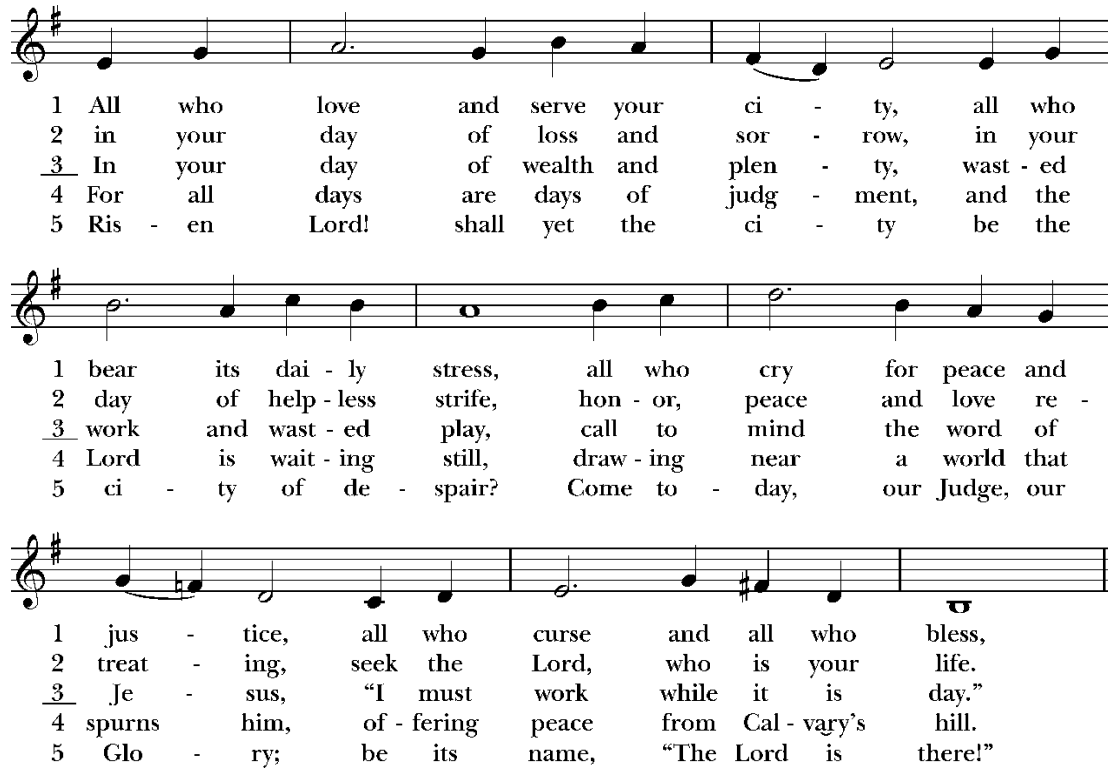
All **Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

The Deacon may send forth the Lay Eucharistic Minister.

The Presider may bless the people.

May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, ✠ the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Hymn 570



1 All who love and serve your ci - ty, all who
 2 in your day of loss and sor - row, in your
 3 In your day of wealth and plen - ty, wast - ed
 4 For all days are days of judg - ment, and the
 5 Ris - en Lord! shall yet the ci - ty be the

1 bear its dai - ly stress, all who cry for peace and
 2 day of help - less strife, hon - or, peace and love re -
 3 work and wast - ed play, call to mind the word of
 4 Lord is wait - ing still, draw - ing near a world that
 5 ci - ty of de - spair? Come to - day, our Judge, our

1 jus - tice, all who curse and all who bless,
 2 treat - ing, seek the Lord, who is your life.
 3 Je - sus, "I must work while it is day."
 4 spurns him, of - fering peace from Cal - vary's hill.
 5 Glo - ry; be its name, "The Lord is there!"

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The Deacon dismisses them with these words

Let us go forth in the name of Christ.

People **Thanks be to God.**

Organ Voluntary

Grand Choeur

Théodore-César Salomé (1834-1896)

§ *The clergy, altar party, and people depart.*

If you choose not to remain for the Organ Voluntary, please leave quietly out of respect for those who would like to stay and listen or pray for a while. Thank you.

Everyone is invited to the coffee hour in the Guild Room following the service.

Ministers of the Liturgy

Presider & Dean: The Very Rev. Penny Bridges

Preacher: The Rev. Cn. Richard Hogue, Jr.

Deacon: The Rev. Cn. Anne Chisham

Healing: The Rev. Cn. Richard Lief

Readers: Ellen Hargus, David Spencer

Intercessor: Craig Monsell

Head Verger: Cn. Lisa Churchill

Altar Servers: Salvador Arce Guerra, Wanda Porrata, Robert Reed

Thurifer: Judy MacDonald

Verger: Stephanie Pierce

Subverger: Jairus Kleinert

Altar Guild: Tom Barb, Julia Gorman, Steve Mater, Joyce Vogel, Elaine Wolfe

Director of Music: Cn. Martin Green

Assistant Organist: Gabriel Arregui

ASL Interpreter: Cherie Dean

Head Usher: Cn. Lucinda Parsons

Usher-in-Charge: John Will

Ushers: Pat Crary, Darien De Lorenzo, Micah Lomax, Paula Peeling,
Kevin Van Wanseele

Audio/Visual Technicians: Craig Monsell, Marshall Moore, Mike Thornburgh, Jim Wright,
Kelsey Young, Paul Young

In the unlikely event of an emergency requiring us to evacuate the cathedral please follow the directions of the ushers and vergers and remain as quiet and calm as possible.

The exit doors are:

- ❖ *South porch doors at Nutmeg Street and Fifth Avenue*
- ❖ *North porch doors to Fifth Avenue Courtyard*
- ❖ *South transept east and west doors to Nutmeg Street and to chapel for stairs (to the left of chapel altar) leading down to exit to parking lot on Sixth Avenue.*
- ❖ *Northeast exit door to hallway to Fifth Avenue breezeway.*

Please locate an exit nearest you.