



# Chaparral Chapel

**Saturday, September 30, 10 a.m.-12 noon**

**San Diego Bay National Wildlife Refuge  
1080 Gunpowder Point Dr., Chula Vista, CA 91910**

Join us on Saturday, September 30, for our next "Chaparral Chapel" at the San Diego Bay National Wildlife Refuge. This event will be an immersive experience of Creation and Spirit as we journey together to learn how to better listen to and understand the unique voices of our local ecosystems.

We will gather at 9:45 a.m. in the Living Coast Discovery Center Parking Lot (Bay Blvd. and E St.), then take a shuttle bus to our starting location for an opening ritual. Participants may then choose to either sit quietly in self-reflection or take a contemplative nature walk guided by the Rev. Brian Petersen (a certified Chaparral Naturalist through the California Chaparral Institute). It will take the form of an "Earth Examen," as we will engage our senses to deepen our connections with nature. We will stop along the way to ponder different questions and share observations, and also to learn more about some of our plant and animal neighbors with whom we share this beautiful land.

The hike will be about 1.5 miles on an almost entirely flat dirt trail. Kids are welcome! Please make sure to bring water and sturdy shoes.

For more information, please contact Brian Petersen at [curate@stbartschurch.org](mailto:curate@stbartschurch.org).

