

# A Service of Lessons and Carols to Welcome Advent



The First Sunday  
of Advent

November 27, 2022  
Five o'clock in the evening  
St Paul's Cathedral  
San Diego, California

Guidance from our Regathering Task Force

Masks are now optional in worship for the congregation, effective immediately. We still ask anyone serving in the Chancel (clergy, choir, altar servers) to wear masks as this remains a high-risk area.

Thank you for your patience!

*This message brought to you by your Cathedral Regathering Task Force*

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*For the link to the webpage with the announcements and bulletins, click here:*

<https://stpaulcathedral.org/service-bulletin/>

*Services are regularly streamed and recorded and you can find them:*

<http://www.stpaulcathedral.org/watch> or on Facebook Live now.

*If you're interested in more information about the cathedral's ministries, we would like to hear from you: <http://stpaulcathedral.org/im-new/>*

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## AN ADVENT SERVICE OF LESSONS, CAROLS, AND MOTETS

*As a courtesy to others, please silence electronic devices. Please turn pages quietly.*

**ORGAN VOLUNTARY**

*Nun komm, der Heiden Heiland BWV 659*  
Johann Sebastian Bach (1685-1750)

¶ *Please stand as you are able at the tolling of the bell.*

HYMN 36



(Dec. 23) 1 O come, O come, Em - man - u - el, and ran - som  
 (Dec. 21) 6 O come, thou Day - spring from on high, and cheer us  
 (Dec. 22) 7 O come, De - sire of na - tions, bind in one the  
 (Dec. 23) 8 O come, O come, Em - man - u - el, and ran - som



1 cap - tive Is - ra - el, that mourns in lone - ly ex - ile  
 6 by thy draw - ing nigh; dis - perse the gloom - y clouds of  
 7 hearts of all man - kind; bid thou our sad di - vi - sions  
 8 cap - tive Is - ra - el, that mourns in lone - ly ex - ile



1 here un - til the Son of God ap - pear.  
 6 night, and death's dark shad - ow put to flight.  
 7 cease, and be thy - self our King of Peace.  
 8 here un - til the Son of God ap - pear. Re - joice! Re - joice!



Em - man - u - el shall come to thee, O Is - ra - el!

*The stanzas may be used as antiphons with "The Song of Mary" on the dates given.*

Words: Latin, ca. 9th cent.; ver. *Hymnal 1940*, alt. Copyright © The Church Pension Fund. Music: *Veni, veni, Emmanuel*, plainsong, Mode 1, Processionale, 15th cent.; adapt. Thomas Helmore (1811-1890); acc. Richard Proulx (b. 1937).

**A COLLECT**

Stir up thy power, O Lord, and with great might come among us; and, because we are sorely hindered by our sins, let thy bountiful grace and mercy speedily help and deliver us; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be honor and glory, world without end. **Amen.**

§ *The Congregation shall be seated for the Lessons, Carols, and Motets.*

## ANTHEM

*O thou the central orb*  
Charles Wood (1866-1926)

O Thou the central orb of righteous love, Pure beam of the most High, eternal Light of this our wintry world, Thy radiance bright Awakes new joy in faith, hope soars above. Come quickly come, and let Thy glory shine, Gilding our darksome heaven with rays Divine. Thy saints with holy lustre round thee move, As stars about Thy throne, set in the height of God's ordaining counsel, as Thy sight Gives measured grace to each, Thy power to prove. Let Thy bright beams disperse the gloom of sin, Our nature all shall feel eternal day, In fellowship with Thee, transforming day to souls erewhile unclean, now pure within. Amen.

## A LESSON

Isaiah 6:1-11  
Reader: A Chorister

*God commissions Isaiah to be the Prophet of the Advent.*

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said:

“Holy, holy, holy is the LORD of hosts;  
the whole earth is full of his glory.”

The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: “Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the LORD of hosts!”

Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: “Now that this has touched your lips, your guilt has departed and your sin is blotted out.” Then I heard the voice of the Lord saying, “Whom shall I send, and who will go for us?” And I said, “Here am I; send me!” And he said, “Go and say to this people:

‘Keep listening, but do not comprehend;  
keep looking, but do not understand.’  
Make the mind of this people dull,  
and stop their ears,  
and shut their eyes,  
so that they may not look with their eyes,  
and listen with their ears,  
and comprehend with their minds,  
and turn and be healed.”

Then I said, “How long, O Lord?” And he said:  
“Until cities lie waste  
without inhabitant,  
and houses without people,  
and the land is utterly desolate.

## ANTHEM

*Rejoice in the Lord alway*  
Anonymous

Rejoice in the Lord alway, and again I say rejoice. Let your softness be known unto all men: the Lord is e'en at hand. Be careful for nothing: but in all prayer and supplication let your petitions be manifest unto God with giving of thanks. And the peace of God, which passeth all understanding, keep your hearts and minds through Christ Jesu. Amen.

## A LESSON

Isaiah 11:1-10  
Reader: A Chorister

*The prophet Isaiah foretells the coming of the Messianic king from the root of Jesse.*

A shoot shall come out from the stump of Jesse,  
and a branch shall grow out of his roots.

The spirit of the LORD shall rest on him,  
the spirit of wisdom and understanding,  
the spirit of counsel and might,  
the spirit of knowledge and the fear of the LORD.

His delight shall be in the fear of the LORD.

He shall not judge by what his eyes see,  
or decide by what his ears hear;  
but with righteousness he shall judge the poor,  
and decide with equity for the meek of the earth;  
he shall strike the earth with the rod of his mouth,  
and with the breath of his lips he shall kill the wicked.  
Righteousness shall be the belt around his waist,  
and faithfulness the belt around his loins.

The wolf shall live with the lamb,  
the leopard shall lie down with the kid,  
the calf and the lion and the fatling together,  
and a little child shall lead them.

The cow and the bear shall graze,  
their young shall lie down together;  
and the lion shall eat straw like the ox.

The nursing child shall play over the hole of the asp,  
and the weaned child shall put its hand on the adder's den.

They will not hurt or destroy  
on all my holy mountain;  
for the earth will be full of the knowledge of the LORD  
as the waters cover the sea.

On that day the root of Jesse shall stand as a signal to the peoples; the nations shall inquire of him, and his dwelling shall be glorious.

## CAROL

*Lo, how a Rose e'er blooming*

Michael Praetorius (1571-1621)

Lo, how a Rose e'er blooming  
    from tender stem hath sprung!  
Of Jesse's lineage coming  
    as seers of old have sung.  
It came, a blossom bright,  
    amid the cold of winter,  
when half spent was the night.  
Isaiah 'twas foretold it,  
    the Rose I have in mind,  
with Mary we behold it,  
    the Virgin Mother kind.  
To show God's love aright,  
    she bore to us a Savior,  
when half spent was the night.  
O Flower, whose fragrance tender  
    with sweetness fills the air,  
dispel in glorious splendor  
    the darkness everywhere;  
true man, yet very God,  
    from sin and death now save us,  
and share our every load.

## A LESSON

Isaiah 7:10-17

Reader: An Acolyte

*The prophet Isaiah foretells a virgin shall give birth to a son who shall be called Emmanuel.*

Again the LORD spoke to Ahaz, saying, "Ask a sign of the LORD your God; let it be deep as Sheol or high as heaven." But Ahaz said, "I will not ask, and I will not put the LORD to the test." Then Isaiah said: "Hear then, O house of David! Is it too little for you to weary mortals, that you weary my God also? Therefore the Lord himself will give you a sign. Look, the young woman is with child and shall bear a son, and shall name him Immanuel. He shall eat curds and honey by the time he knows how to refuse the evil and choose the good. For before the child knows how to refuse the evil and choose the good, the land before whose two kings you are in dread will be deserted. The LORD will bring on you and on your people and on your ancestral house such days as have not come since the day that Ephraim departed from Judah—the king of Assyria."

## MOTET

*E'en so, Lord Jesus, quickly come*  
Paul Manz (1919-2009)

Peace be to you and grace from Him who freed us from our sins, Who loved us all and shed His blood that we might saved be. Sing Holy, Holy to our Lord, the Lord, Almighty God, who was and is and is to come; Rejoice in heaven, all ye that dwell therein, rejoice on earth, ye saints below, for Christ is coming, is coming soon. E'en so, Lord Jesus, quickly come, and night shall be no more; they need no light nor lamp nor sun, for Christ will be their all!

## A LESSON

Isaiah 61  
Reader: A Lector

*The prophet Isaiah proclaims good news to the exiled and the oppressed.*

The spirit of the Lord GOD is upon me,  
because the LORD has anointed me;  
he has sent me to bring good news to the oppressed,  
to bind up the brokenhearted,  
to proclaim liberty to the captives,  
and release to the prisoners;  
to proclaim the year of the Lord's favor,  
and the day of vengeance of our God;  
to comfort all who mourn;  
to provide for those who mourn in Zion —  
to give them a garland instead of ashes,  
the oil of gladness instead of mourning,  
the mantle of praise instead of a faint spirit.  
They will be called oaks of righteousness,  
the planting of the LORD, to display his glory.  
They shall build up the ancient ruins,  
they shall raise up the former devastations;  
they shall repair the ruined cities,  
the devastations of many generations.

Strangers shall stand and feed your flocks,  
foreigners shall till your land and dress your vines;  
but you shall be called priests of the LORD,  
you shall be named ministers of our God;  
you shall enjoy the wealth of the nations,  
and in their riches you shall glory.  
Because their shame was double,  
and dishonor was proclaimed as their lot,  
therefore they shall possess a double portion;  
everlasting joy shall be theirs.

For I the LORD love justice,  
I hate robbery and wrongdoing;

I will faithfully give them their recompense,  
 and I will make an everlasting covenant with them.  
 Their descendants shall be known among the nations,  
 and their offspring among the peoples;  
 all who see them shall acknowledge  
 that they are a people whom the LORD has blessed.  
 I will greatly rejoice in the LORD,  
 my whole being shall exult in my God;  
 for he has clothed me with the garments of salvation,  
 he has covered me with the robe of righteousness,  
 as a bridegroom decks himself with a garland,  
 and as a bride adorns herself with her jewels.  
 For as the earth brings forth its shoots,  
 and as a garden causes what is sown in it to spring up,  
 so the Lord GOD will cause righteousness and praise  
 to spring up before all the nations.

*¶ Please stand as able.*

## HYMN 65



1 Pre - pare the way, O Zi - on, your Christ is draw - ing near!  
 2 He brings God's rule, O Zi - on; he comes from heaven a - bove.  
 3 Fling wide your gates, O Zi - on; your Sa - vior's rule em - brace.

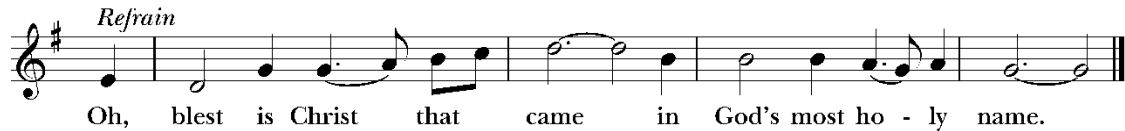


Let ev - ery hill and val - ley a lev - el way ap - pear.  
 His rule is peace and free - dom, and jus - tice, truth, and love.  
 His tid - ings of sal - va - tion pro - claim in ev - ery place.



Greet One who comes in glo - ry, fore - told in sa - cred sto - ry.  
 Lift high your praise re - sound - ing, for grace and joy a - bound - ing.  
 All lands will bow be - fore him, their voic - es will a - dore him.





Words: Frans Mikael Franzen (1772-1847); tr. composite; adapt. Charles P. Price (1920-1999). Copyright © 1982, Charles P. Price. Music: *Bereden väg för Herran*, melody from *Then Svenska Psalmboken*, 1697; harm. *Koralbok för Svenska Kyrkan*, 1939, alt.

§ *Please be seated.*

## A LESSON

Luke 1:26-28

Reader: A Chapter Member

*The angel Gabriel salutes the Blessed Virgin Mary.*

In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin's name was Mary. And he came to her and said, "Greetings, favored one! The Lord is with you."

## CAROL

*Gabriel's Message (Angelus ad Virginem)*

Anon., 13th Century [Harm: Edgar Pettman (1886-1943)]

The angel Gabriel from heaven came  
 His wings as drifted snow his eyes as flame  
 "All hail" said he  
 "thou lowly maiden Mary,  
*Most highly favored lady," Gloria!*

"For know a blessed mother thou shalt be,  
 All generations laud and honor thee,  
 Thy Son shall be Emmanuel,  
 by seers foretold  
*Most highly favored lady," Gloria!*

Then gentle Mary meekly bowed her head  
 "To me be as it pleaseth God," she said,  
 "My soul shall laud and  
 magnify his holy name."  
*Most highly favored lady. Gloria!*

Of her, Emmanuel, the Christ was born  
 In Bethlehem, all on a Christmas morn  
 And Christian folk throughout the world will ever say:  
*"Most highly favored lady," Gloria!*

**A LESSON**

Luke 1:29-38

Reader: A Cathedral Warden

*The angel Gabriel foretells the birth of Jesus.*

Mary was much perplexed by his words and pondered what sort of greeting this might be. The angel said to her, "Do not be afraid, Mary, for you have found favor with God. And now, you will conceive in your womb and bear a son, and you will name him Jesus. He will be great, and will be called the Son of the Most High, and the Lord God will give to him the throne of his ancestor David. He will reign over the house of Jacob forever, and of his kingdom there will be no end." Mary said to the angel, "How can this be, since I am a virgin?" The angel said to her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be holy; he will be called Son of God. And now, your relative Elizabeth in her old age has also conceived a son; and this is the sixth month for her who was said to be barren. For nothing will be impossible with God." Then Mary said, "Here am I, the servant of the Lord; let it be with me according to your word." Then the angel departed from her.

**ANTHEM***Ave Maria*

Robert Parsons (c. 1535-71)

*Ave Maria, gratia plena, Dominus tecum. Benedicta tu in mulieribus, et benedictus fructus ventris tui. Amen.*  
Hail Mary, full of grace, the Lord is with thee: Blessed art thou among women, and blest is the fruit of thy womb. Amen.

**A LESSON**

Luke 1:39-49

Reader: A Cathedral Canon

*The Blessed Virgin Mary visits her cousin Elizabeth.*

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord." And Mary said, "My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has looked with favor on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name."

§ *Please stand as you are able.*

**CANTICLE** (*choir*)

*Tone VIII,i; solemn form*

MY soul doth magnify the Lord, \*  
and my spirit hath rejoiced in God my Saviour.  
For he hath regarded \*  
the lowliness of his handmaiden.  
For behold, from henceforth \*  
all generations shall call me blessed.  
For he that is mighty hath magnified me; \*  
and holy is his Name.  
And his mercy is on them that fear him \*  
throughout all generations.  
He hath showed strength with his arm; \*  
he hath scattered the proud in the imagination of their hearts.  
He hath put down the mighty from their seat, \*  
and hath exalted the humble and meek.  
He hath filled the hungry with good things; \*  
and the rich he hath sent empty away.  
He remembering his mercy hath holpen his servant Israel; \*  
as he promised to our forefathers,  
Abraham and his seed, for ever.  
Glory be to the Father, and to the Son, and to the Holy Ghost; \*  
as it was in the beginning, is now and ever shall be, world without end. Amen.

§ *Please remain standing as able.*

**A COLLECT**

WE BESEECH THEE, O LORD, pour thy grace into our hearts, that we who have known the incarnation of thy Son Jesus Christ, announced by an angel to the Virgin Mary, may by his cross and passion be brought unto the glory of his resurrection; who liveth and reigneth with thee, in the unity of the Holy Spirit, one God, now and for ever. Amen.

§ *Please be seated*

**A LESSON**

Matthew 1:18-23  
Reader: The Dean

*The angel announces to Joseph the fulfilling of the prophecy of Isaiah.*

Now the birth of Jesus the Messiah took place in this way. When his mother Mary had been engaged to Joseph, but before they lived together, she was found to be with child from the Holy Spirit. Her husband Joseph, being a righteous man and unwilling to expose her to public disgrace, planned to dismiss her quietly. But just when he had resolved to do this, an angel of the Lord appeared to him in a dream and said, "Joseph, son of David, do not be afraid to take Mary as your wife, for the child conceived in her is from the Holy Spirit. She will bear a son, and you are to name him Jesus, for he will save his people from their sins." All this took place to fulfill what had been spoken by the Lord through the prophet:

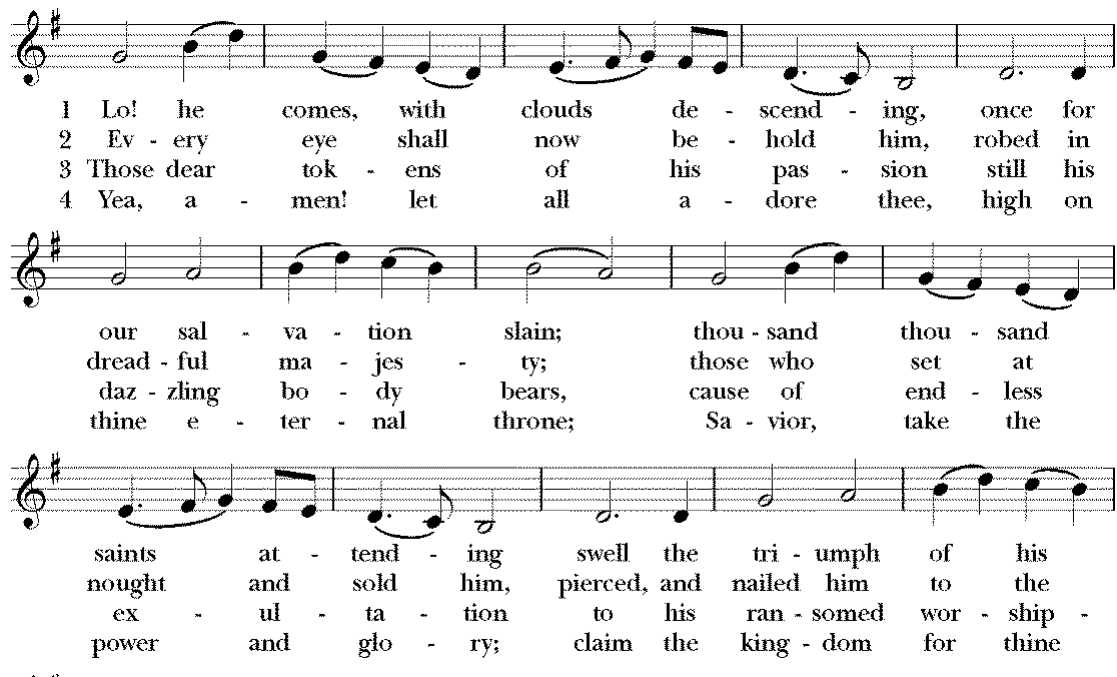
"Look, the virgin shall conceive and bear a son,  
and they shall name him Emmanuel,"

which means, "God is with us."

§ *Please stand as you are able.*

**HYMN 57** *(All sing)*

Helmsley



1 Lo! he comes, with clouds de - scend - ing, once for  
 2 Ev - ery eye shall now be - hold him, robed in  
 3 Those dear tok - ens of his pas - sion still his  
 4 Yea, a - men! let all a - dore thee, high on  
 our sal - va - tion slain; thou - sand thou - sand  
 dread - ful ma - jes - ty; those who set at  
 daz - zling bo - dy bears, cause of end - less  
 thine e - ter - nal throne; Sa - vior, take the  
 saints at - tend - ing swell the tri - umph of his  
 nought and sold him, pierced, and nailed him to the  
 ex - ul - ta - tion to his ran - somed wor - ship -  
 power and glo - ry; claim the king - dom for thine

train: Al - le - lu - ia! Al - le - lu - ia!  
 tree, deep - ly wail - ing, deep - ly wail - ing,  
 ers; with what rap - ture, with what rap - ture,  
 own: Al - le - lu - ia! Al - le - lu - ia!

Al - le - lu - ia! Christ the Lord re - turns to reign.  
 deep - ly wail - ing, shall the true Mes - si - ah see.  
 with what rap - ture gaze we on those glo - rious scars!  
 Al - le - lu - ia! Thou shalt reign, and thou a - lone.

Words: Charles Wesley (1707-1788)  
 Music: *Helmsley*, melody Augustine Arne (1710-1788)

*The Officiant says to the people*  
 The Lord be with you.

*People* **And also with you.**

*Officiant* Let us pray.

*(Officiant and People)*

**Our Father, who art in heaven,  
 hallowed be thy Name,  
 thy kingdom come,  
 thy will be done,  
 on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
 as we forgive those who trespass against us.**

**And lead us not into temptation,  
 but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory,  
 for ever and ever. Amen.**

## A COLLECT

O GOD, WHO MAKEST US GLAD with the yearly expectation of the birth of thine only Son, Jesus Christ: Grant that as we joyfully receive him for our redeemer, so we may with sure confidence behold him when he shall come to be our judge; who liveth and reigneth with thee and the Holy Ghost, world without end. **Amen.**

## THE BLESSING

OPEN WIDE, O LORD, the gates of heaven and visit thy people in peace; send forth thy Spirit from on high that their hearts may be uplifted unto thee; O Lord, who for our sake wast of a virgin born, make holy thy people, and bless thine heritage; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and abide with you for ever. **Amen.**

§ *The Congregation remains standing as the Procession retires. If you choose not to remain for the Organ Voluntary, please leave quietly out of respect for those who would like to stay and listen or pray for a while. Thank you.*

### Organ Voluntary

*Nun Komm der Heiden Heiland*  
Nicolaus Bruhns (1665-1697)

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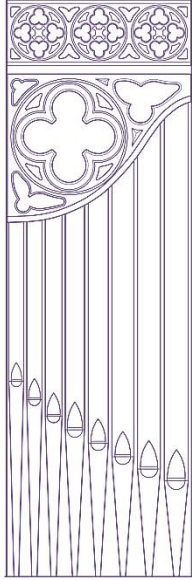
SUNG BY: THE CATHEDRAL SCHOLA  
OFFICIANT & DEAN: THE VERY REV. PENNY BRIDGES  
Canon Martin Green, *Organist & Director of Music*  
Gabriel Arregui, *Sub-Organist & Assistant Choirmaster*  
Nicholas Halbert, *Artist-in-Residence*  
Lucinda Parsons, *Usher in Charge*; Tom Simmons, *Usher*

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+ *Please note next Sunday, December 4, 4 pm, the San Diego Master Chorale Messiah Sing will be in the Cathedral. Our traditional Messiah "Sing-Along" returns to the Cathedral this year, with the San Diego Master Chorale conducted by John Russell and accompanied by Canon Martin Green on the cathedral organ.*

*The next in-person Evensong will be on December 11<sup>th</sup>.*

*Sunday, December 18, 5 pm, Lessons and Carols for Christmas in the Cathedral and live-streamed. Members of the Cathedral Schola offer a heart-warming and beautiful service of Scripture readings and carols, to usher in the Christmas season in the tradition of the Church of England. The service will include favorite carols from our traditional Lessons and Carols service.*



## Cathedral Music

You can help support the rich tradition of superb music at St. Paul's by joining the **Friends of Cathedral Music**. It is a unique opportunity to support the wide array of musical offerings presented throughout the year—including tonight—and to become a partner in one of San Diego's true treasures. For information and on-line donations, visit <https://stpaulcathedral.org/give/> and select "Friends of Cathedral Music" from the Fund dropdown arrow.

St. Paul's is grateful for the support it receives from **Friends of Cathedral Music**. Please write "Cathedral Music" in the memo line of your check or gift via pew envelope if you're offering support today.

Offerings of the Congregation in support of Cathedral music and programs will be gratefully received at the doors of the Cathedral.

*You may give online now by using your phone's camera to scan the quick response code:*



*or text stpaulcathedral to 73256 using your cell phone.*

*Thank you!*



### **Sign Up Today for the Good News Festival!**

On December 9 - 10, 2022, the Episcopal Diocese of San Diego will welcome Presiding Bishop Michael Curry and the Rev. Dr. William Barber to Southern California for a celebration of good news. With workshops, live discussion panels, youth offerings, and an evening of celebration at the beautiful Town and Country Resort in Mission Valley, this is the perfect time to get away and enjoy some good news. Go to [thegoodnewsfestival.com](http://thegoodnewsfestival.com) to register and for more information.

Then, on December 11, Bishop Curry will preach at St. Paul's Cathedral at a single morning service at 9:30 am. Bishop Susan Brown Snook will preside. All are welcome, and the service will be live streamed and recorded.

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*In the unlikely event of an emergency requiring us to evacuate the cathedral please follow the directions of the ushers and vergers, and remain as quiet and calm as possible. Please locate an exit nearest you.*

*The exit doors are:*

- *South porch doors at Nutmeg Street and Fifth Avenue*
- *North porch doors to Fifth Avenue Courtyard*
- *South transept east and west doors to Nutmeg Street and to chapel for stairs (to the left of chapel altar) leading down to exit to parking lot on Sixth Avenue.*
- *Northeast exit door to hallway to Fifth Avenue breezeway.*