

An Advent Service of Lessons, Carols and Motets



The First Sunday
of Advent

November 28, 2021
Five o'clock in the evening
St. Paul's Cathedral
San Diego, California

Welcome to St. Paul's Cathedral
The Episcopal Diocese of San Diego
The Worldwide Anglican Communion

LOVE CHRIST
SERVE OTHERS
WELCOME ALL

*Whoever you are, and wherever you find yourself on the journey of faith,
we welcome you and invite your full participation in today's worship.*

A Gentle Reminder about Mask Etiquette

The medical professionals in our congregation want to remind everyone that, while the COVID vaccine is extremely effective, it doesn't 100% prevent infection, and the Delta variant is very contagious. For everyone's sake, please observe proper mask etiquette. In accordance with instructions from our Bishop, **we wear masks for all indoor activities at St. Paul's**. Masks are available at the entrances to the church, the Great Hall, and the offices. The mask must cover both your nose and your mouth. Please remain masked when you come forward for Communion and do not consume the Host until you have returned to your seat. Sliding the mask down under your chin compromises its effectiveness when you reposition it: we recommend removing it completely by the ear straps for the shortest possible time. Try to touch your mask as little as possible. Thank you for helping to keep our community safe!

*This message brought to you by your Cathedral
Regathering Task Force*

For the link to the webpage with the announcements and bulletins, click here:

<https://stpaulcathedral.org/service-bulletin/>

If you're interested in more information about the cathedral's ministries, we would like to hear from you:

<http://stpaulcathedral.org/im-new/>

You may give online now by clicking here:

<https://onrealm.org/StPaulsCathedral/give/now>

or text stpaulcathedral to 73256 using your cell phone. Thank you!

This service is being streamed live and if you don't wish to be seen on camera,

please ask an usher for appropriate seating. Services are regularly streamed and recorded and you can find them:
<http://www.stpaulcathedral.org/connect/videos> or on Facebook Live now.

AN ADVENT SERVICE OF LESSONS, CAROLS, AND MOTETS

Kindly silence electronic devices before the service. Please turn pages quietly

Organ Voluntary

Nun komm, der Heiden Heiland BWV 659
Johann Sebastian Bach (1685-1750)

§ *Please stand as you are able at the tolling of the church bell.*

MATINS RESPONSORY

after Giovanni Pierluigi da Palestrina (c. 1525-1594)

V. I look from afar:

R. and lo, I see the power of God coming, and
cloud covering the whole earth.

V. Go ye out to meet him and say:

R. Tell us, art thou He that should come to reign over
thy people Israel?

V. High and low, rich and poor, one with another:

R. Go ye out to meet him and say:

V. Hear, O thou Shepherd of Israel, thou that leadest Joseph
like a sheep.

R. Tell us, art thou He that should come?

V. Stir up thy strength, O Lord, and come

R. to reign over thy people Israel.

V. Glory be to the Father, and to the Son, and to the Holy Ghost.

R. I look from afar: and lo, I see the power of God coming,
and a cloud covering the whole earth.

V. Go ye out to meet him and say:

R. Tell us, art thou He that should come to reign over
thy people Israel?

§ *Please remain standing as able for the Procession of choir and clergy.*

A COLLECT

Stir up thy power, O Lord, and with great might come among us;
and, because we are sorely hindered by our sins, let thy bountiful
grace and mercy speedily help and deliver us; through Jesus Christ
our Lord, to whom, with thee and the Holy Ghost, be honor and
glory, world without end. Amen.

§ *The Congregation shall be seated for the Lessons, Carols, and Motets.*

A LESSON Isaiah 6:1-11

Reader: A Chorister

God commissions Isaiah to be the Prophet of the Advent.

In the year that King Uzziah died, I saw the Lord sitting on a
throne, high and lofty; and the hem of his robe filled the temple.
Seraphs were in attendance above him; each had six wings: with two
they covered their faces, and with two they covered their feet, and
with two they flew. And one called to another and said: "Holy, holy,
holy is the LORD of hosts; the whole earth is full of his glory." The
pivots on the thresholds shook at the voices of those who called, and
the house filled with smoke.

And I said: "Woe is me! I am lost, for I am a man of unclean lips, and
I live among a people of unclean lips; yet my eyes have seen the King,
the LORD of hosts!" Then one of the seraphs flew to me, holding a
live coal that had been taken from the altar with a pair of tongs. The

seraph touched my mouth with it and said: "Now that this has touched your lips, your guilt has departed and your sin is blotted out." Then I heard the voice of the Lord saying, "Whom shall I send, and who will go for us?" And I said, "Here am I; send me!"

And he said, "Go and say to this people: 'Keep listening, but do not comprehend; keep looking, but do not understand.' Make the mind of this people dull, and stop their ears, and shut their eyes, so that they may not look with their eyes, and listen with their ears, and comprehend with their minds, and turn and be healed." Then I said, "How long, O Lord?" And he said: "Until cities lie waste without inhabitant, and houses without people, and the land is utterly desolate.

MOTET

Duo Seraphim

Jacob Handl (1550-1591)

*Duo Seraphim clamabant
alter ad alterum:*

Sanctus, sanctus, sanctus,

Dominus Deus Sabaoth.

Plena est omnis terra Gloria eius.

Two Seraphim called one
to the other saying:

"Holy, holy, holy
is the Lord of Hosts.

The whole earth is full of his glory.

[Isaiah 6: 2-3]

A LESSON Isaiah 11:1-10 Reader: A Gentleman of the Choir

*The prophet Isaiah foretells the coming of the Messianic king
from the root of Jesse.*

A shoot shall come out from the stump of Jesse, and a branch shall grow out of his roots. The spirit of the LORD shall rest on him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and the fear of the LORD. His delight shall be in the fear of the LORD. He shall not judge by what his eyes see, or decide by what his ears hear; but with righteousness he shall judge the poor, and decide with equity for the meek of the earth; he shall strike the earth with the rod of his mouth, and with the breath of his lips he shall kill the wicked. Righteousness shall be the belt around his waist, and faithfulness the belt around his loins. The wolf shall live with the lamb, the leopard shall lie down with the kid, the calf and the lion and the fatling together, and a little child shall lead them. The cow and the bear shall graze, their young shall lie down together; and the lion shall eat straw like the ox. The nursing child shall play over the hole of the asp, and the weaned child shall put its hand on the adder's den. They will not hurt or destroy on all my holy mountain; for the earth will be full of the knowledge of the LORD as the waters cover the sea. On that day the root of Jesse shall stand as a signal to the peoples; the nations shall inquire of him, and his dwelling shall be glorious.

CAROL

A Spotless Rose

Herbert Howells (1892-1983)

A Spotless Rose is blowing,
Sprung from a tender root,
Of ancient seers' foreshowing,
Of Jesse promised fruit;
Its fairest bud unfolds to light
Amid the cold, cold winter,
And in the dark midnight.

The Rose which I am singing
Whereof Isaiah said,
Is from its sweet root springing
In Mary, purest Maid;
For through our God's great
 love and might
The Blessed Babe she bare us
In a cold, cold winter's night.

[Words of XIV century origin]

*The prophet Isaiah foretells a virgin shall give birth to a son
who shall be called Emmanuel.*

Again the LORD spoke to Ahaz, saying, "Ask a sign of the LORD your God; let it be deep as Sheol or high as heaven." But Ahaz said, "I will not ask, and I will not put the LORD to the test." Then Isaiah said: "Hear then, O house of David! Is it too little for you to weary mortals, that you weary my God also? Therefore the Lord himself will give you a sign. Look, the young woman is with child and shall bear a son, and shall name him Immanuel. He shall eat curds and honey by the time he knows how to refuse the evil and choose the good. For before the child knows how to refuse the evil and choose the good, the land before whose two kings you are in dread will be deserted.

The LORD will bring on you and on your people and on your ancestral house such days as have not come since the day that Ephraim departed from Judah—the king of Assyria."

MOTET

William Byrd (1543-1623)

Felix es, sacra virgo Maria et omni laude dignissima: quia ex te ortus est sol iustitiae. Alleluia!

Thou art gracious, Blessed Virgin Mary, and to be praised most worthily: who didst give rise to the sun of righteousness. Alleluia!

*[from Gradualia I (1605),
Alleluia for Mass of the Nativity of the Blessed Virgin]*

The prophet Isaiah proclaims good news to the exiled and the oppressed.

The spirit of the Lord GOD is upon me, because the LORD has anointed me; he has sent me to bring good news to the oppressed, to bind up the brokenhearted, to proclaim liberty to the captives, and release to the prisoners; to proclaim the year of the Lord's favor, and the day of vengeance of our God; to comfort all who mourn; to provide for those who mourn in Zion — to give them a garland instead of ashes, the oil of gladness instead of mourning, the mantle of praise instead of a faint spirit. They will be called oaks of

righteousness, the planting of the LORD, to display his glory.

They shall build up the ancient ruins, they shall raise up the former devastations; they shall repair the ruined cities, the devastations of many generations. Strangers shall stand and feed your flocks, foreigners shall till your land and dress your vines; but you shall be called priests of the LORD, you shall be named ministers of our God; you shall enjoy the wealth of the nations, and in their riches you shall glory. Because their shame was double, and dishonor was proclaimed as their lot, therefore they shall possess a double portion; everlasting joy shall be theirs. For I the LORD love justice, I hate robbery and wrongdoing; I will faithfully give them their recompense, and I will make an everlasting covenant with them. Their descendants shall be known among the nations, and their offspring among the peoples; all who see them shall acknowledge that they are a people whom the LORD has blessed.

I will greatly rejoice in the LORD, my whole being shall exult in my God; for he has clothed me with the garments of salvation, he has covered me with the robe of righteousness, as a bridegroom decks himself with a garland, and as a bride adorns herself with her jewels. For as the earth brings forth its shoots, and as a garden causes what is sown in it to spring up, so the Lord GOD will cause righteousness and praise to spring up before all the nations.

CAROL *There is a flow'r* Stanley Vann (b. 1910-2010)

*Refrain : There is a flow'r sprung of a tree, the root there of is called Jesse,
a flow'r of price there is none such in paradise.*

This flow'r is fair and fresh of hue. It fadeth never, but ever is new;
the blessed branch this flow'r on grew was Mary mild that bare Jesu;
a flow'r of grace; against all sorrow it is solace.

The seed here of was Goddes sand [gift], that God himself sowed
with his hand, in Nazareth that holy land, amidst her arbour a
maiden found; this blessed flow'r sprang never but in Mary's bower.

When Gabriel this maid did meet, with 'Ave Maria' he did her greet;
between them two this flow'r was set and safe was kept, no man
should wit, till on a day In Bethlehem it could spread and spray.

Refrain

[Text: John Audeley, 15th Cent.]

A LESSON Luke 1:26-28

Reader: A Chapter Member

The angel Gabriel salutes the Blessed Virgin Mary.

In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin's name was Mary. And he came to her and said, "Greetings, favored one! The Lord is with you."

CAROL

Gabriel's Message (Angelus ad Virginem)

Anon., 13th Century [Harm: Edgar Pettman (1886-1943)]

The angel Gabriel from heaven came
His wings as drifted snow his eyes as flame
"All hail" said he
"thou lowly maiden Mary,
Most highly favored lady," Gloria!

"For know a blessed mother thou shalt be,
All generations laud and honor thee,
Thy Son shall be Emmanuel,
by seers foretold
Most highly favored lady," Gloria!

Then gentle Mary meekly bowed her head
"To me be as it pleaseth God," she said,
"My soul shall laud and
magnify his holy name."
Most highly favored lady. Gloria!

Of her, Emmanuel, the Christ was born
In Bethlehem, all on a Christmas morn
And Christian folk throughout the world will ever say:
"Most highly favored lady," Gloria!

A LESSON Luke 1:29-38

Reader: A Cathedral Warden

The angel Gabriel foretells the birth of Jesus.

Mary was much perplexed by his words and pondered what sort of greeting this might be. The angel said to her, "Do not be afraid, Mary, for you have found favor with God. And now, you will conceive in your womb and bear a son, and you will name him Jesus. He will be great, and will be called the Son of the Most High, and the Lord God will give to him the throne of his ancestor David. He will reign over the house of Jacob forever, and of his kingdom there will be no end." Mary said to the angel, "How can this be, since I am a virgin?" The angel said to her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be holy; he will be called Son of God. And now, your relative Elizabeth in her old age has also conceived a son; and this is the sixth month for her who was said to be barren. For nothing will be impossible with God." Then Mary said, "Here am I, the servant of the Lord; let it be with me according to your word." Then the angel departed from her.

ANTHEM *A Hymn to the Virgin* Benjamin Britten (1913-76)

Of one that is so fair and bright,
Velut maris stella, [Star of the sea]
Brighter than the day is light,
Parens et puella:

[Mother and virgin]

I cry to thee, thou see to me,
Lady, pray thy Son for me,
Tampia, [so pious]
That I may come to thee.

Maria!

All this world was forlorn,
Eva peccatrice,
[After Eve, all sinning]
Till our Lord was y-born,
De te genetrix.
[Born of you, mother...]

With *ave* it went away
Darkest night, and comes
the day,
Salutis; [of Salvation...]
The well springeth out of thee.

Virtutis. [...and Virtue]

Lady, flow'r of ev'rything,
Rosa sine spina,
[Rose without thorn]

Thou bare Jesu, Heaven's King,
Gratia divina: [by Grace divine]

Of all thou bear'st the prize,
lady, Queen of paradise,

Electa [You are Chosen]

Maid mild, mother,
es Effecta. [and brought to pass]

[Text: Anon, circa 1300]

A LESSON Luke 1:39-49

Reader: A Cathedral Canon

The Blessed Virgin Mary visits her cousin Elizabeth.

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord." And Mary said, "My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has looked with favor on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name.

§ *Please stand as you are able*

CANTICLE (*choir*)

Tone VIII,i; solemn form

MY soul doth magnify the Lord, *
and my spirit hath rejoiced in God my Saviour.
For he hath regarded * the lowliness of his handmaiden.
For behold, from henceforth * all generations shall call me blessed.
For he that is mighty hath magnified me; * and holy is his Name.
And his mercy is on them that fear him * throughout all generations.
He hath showed strength with his arm; *
he hath scattered the proud in the imagination of their hearts.
He hath put down the mighty from their seat, *
and hath exalted the humble and meek.
He hath filled the hungry with good things; *
and the rich he hath sent empty away.
He remembering his mercy hath holpen his servant Israel; *
as he promised to our forefathers,
Abraham and his seed, for ever.

Glory be to the Father, and to the Son, and to the Holy Ghost; *
as it was in the beginning, is now and ever shall be,
world without end.
Amen.

§ *Please remain standing as able.*

A COLLECT

WE BESEECH THEE, O LORD, pour thy grace into our hearts, that we who have known the incarnation of thy Son Jesus Christ, announced by an angel to the Virgin Mary, may by his cross and passion be brought unto the glory of his resurrection; who liveth and reigneth with thee, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

§ *Please be seated*

A LESSON Matthew 1:18-23

Reader: The Dean

The angel announces to Joseph the fulfilling of the prophecy of Isaiah.

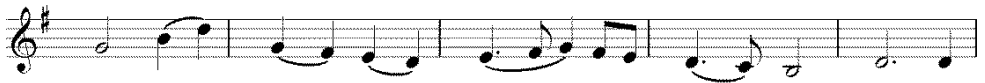
Now the birth of Jesus the Messiah took place in this way. When his mother Mary had been engaged to Joseph, but before they lived together, she was found to be with child from the Holy Spirit. Her husband Joseph, being a righteous man and unwilling to expose her to public disgrace, planned to dismiss her quietly. But just when he had resolved to do this, an angel of the Lord appeared to him in a dream and said, "Joseph, son of David, do not be afraid to take Mary as your wife, for the child conceived in her is from the Holy Spirit. She will bear a son, and you are to name him Jesus, for he will save his people from their sins." All this took place to fulfill what had been spoken by the Lord through the prophet: "Look, the virgin shall conceive and bear a son, and they shall name him Emmanuel," which means, "God is with us."

§ *Please stand as you are able*

HYMN 57 (All sing)

Helmsley; Descant: Philip Ledger

(all who wish to sing the hymn should be masked while singing)



1 Lo! he comes, with clouds de - scend - ing, once for
2 Ev - ery eye shall now be - hold him, robed in
3 Those dear tok - ens of his pas - sion still his
4 Yea, a - men! let all a - dore thee, high on



our sal - va - tion slain; thou - sand thou - sand
dread - ful ma - jes - ty; those who set at
daz - zling bo - dy bears, cause of end - less
thine e - ter - nal throne; Sa - vior, take the



saints at - tend - ing swell the tri - umph of his
nought and sold him, pierced, and nailed him to the
ex - ul - ta - tion to his ran - somed wor - ship -
power and glo - ry; claim the king - dom for thine



train: Al - le - lu - ia! Al - le - lu - ia!
tree, deep - ly wail - ing, deep - ly wail - ing,
ers; with what rap - ture, with what rap - ture,
own: Al - le - lu - ia! Al - le - lu - ia!



Al - le - lu - ia! Christ the Lord re - turns to reign.
deep - ly wail - ing, shall the true Mes - si - ah see.
with what rap - ture gaze we on those glo - rious scars!
Al - le - lu - ia! Thou shalt reign, and thou a - lone.

The Officiant says to the people

The Lord be with you.

People **And also with you.**

Officiant Let us pray.

(Officiant and People)

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread,
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power,
and the glory,
for ever and ever.
Amen.

V. We wait for thy loving kindness, O Lord.

R. In the midst of thy temple.

A COLLECT

O GOD, WHO MAKEST US GLAD with the yearly expectation of the birth of thine only Son, Jesus Christ: Grant that as we joyfully receive him for our redeemer, so we may with sure confidence behold him when he shall come to be our judge; who liveth and reigneth with thee and the Holy Ghost, world without end. **Amen.**

THE BLESSING

OPEN WIDE, O LORD, the gates of heaven and visit thy people in peace; send forth thy Spirit from on high that their hearts may be uplifted unto thee; O Lord, who for our sake wast of a virgin born, make holy thy people, and bless thine heritage; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and abide with you for ever. **Amen.**

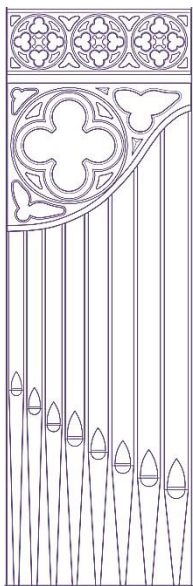
§ *The Congregation stands as the Procession retires.*

Organ Voluntary

Nun komm, der Heiden Heiland BWV 661

Bach

The offerings of the Congregation in support of Cathedral music and programs will be gratefully received at the doors of the Cathedral.



Cathedral Music

You can help support the rich tradition of superb music at St. Paul's by joining the **Friends of Cathedral Music**. It is a unique opportunity to support the wide array of musical offerings presented throughout the year—including tonight—and to become a partner in one of San Diego's true treasures. For information and on-line donations, visit StPaulCathedral.org/friendsofmusic.

St. Paul's is grateful for the support it receives from **Friends of Cathedral Music**. Please write "Cathedral Music" in the memo line of your check or gift via pew envelope if you're offering support today.

THE CLERGY

The Very Rev. Penny Bridges, *Dean*

The Rev. Canon Brooks Mason, *Canon Liturgist*

The Rev. Richard Hogue, Jr., *Associate for Congregational Life*

In the unlikely event of an emergency requiring us to evacuate the cathedral please follow the directions of the ushers and vergers, and remain as quiet and calm as possible.

The exit doors are:

- South porch doors at Nutmeg Street and Fifth Avenue
- North porch doors to Fifth Avenue Courtyard
- South transept (at organ console) east and west doors to Nutmeg Street
- Northeast hallway door to Fifth Avenue courtyard
- West chapel (to the left of chapel altar) stairs leading down to landing.

Please locate two exits nearest you.



St. Paul's recycles: We use recycled paper products wherever practical, and we recycle all unused and discarded bulletins. Please use the blue recycle bins in the north and south porch entrances.



ST PAUL'S CATHEDRAL
EPISCOPAL

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